



- Pantos
- Parties
- Food & more



## Spirit of Christmas

From Page 12



Worry over luxury enclave

## Towering ambition to dwarf the Wharf

Rob.Virtue  
@wharf.co.uk

**P**roposals for a 74-storey tower featuring over 700 luxury apartments just outside the Canary Wharf estate have caused a stir in east London.

The scheme represents the resurfacing of the Columbus Tower plans for West India Quay and would be the UK's tallest fully-residential skyscraper.

But critics fear it would merely be encouraging super-rich foreign investors to the area while the capital remains in the midst of a housing crisis. And there are concerns over increasing the population of the Isle of Dogs at a time when resources are already stretched.

Conservative councillor Peter



Artist's impression of the tower

Golds said: "While the Isle of Dogs and Canary Wharf continue to be starved of essential infrastructure projects, including improved health, education and transport, then there will be ongoing problems with the current scale of development."

Continued on Page 3



### Flowers in the rain

The Duchess of Cambridge receives a bouquet as she arrives for a visit to a forum for the charity Place2Be, at Clifford Chance on Wednesday. The charity aims to increase children's emotional strength and counts Kate as its patron.



## WIN



A family ticket to see Seussical in the West End **P8**

## Plus

**8** Annoying habits of gym users **P55**

**BUSINESS** Docklands Business Club awards **P8** **TECH** Launch of Level39's Crowdrooster **P4**



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## WEATHER

**7C TODAY**  
Showers

**8C FRIDAY**  
Cloudy

**7C SATURDAY**  
Cloudy

**6C SUNDAY**  
Cloudy

**6C MONDAY**  
Sunny but cold

## TRAVEL

**TUBE & DLR**  
DLR shut from Bow Church to Stratford on Sunday. Jubilee line closed between Finchley Road and Waterloo on Sunday until 11am.

**ROADS**  
No problems.

## INSIDE

**NEWS**  
Pages 1-15

**WHAT'S ON**  
Page 10

**CHRISTMAS**  
Pages 12-16 / 49-53

**PROPERTY**  
Pages 17-48

**REGULARS**  
Pages 55-61

**SPORT**  
Pages 62-63

# Agenda

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**ESTABLISHED 1998**

# How to live, and die, in the suburbs

When I lived in Limehouse I loved meeting people who didn't live on a Tube line. It meant I could make the endlessly amusing quip: "You live where?! I never stray outside Zone Two."

And then I'd shudder. It's not much of a joke. Though everyone always grimaced along. Outside London? How parochial.

A friend of mine, with a pay packet as stuffed as the ice rink during the world record conga line, would use the same joke. Except he'd sneer at anything outside of Zone One. Now I live in Zone Nine, in the suburbs. I still dismiss suburbia as

## BLONDE'S EYE VIEW



ANGELA CLARKE

provincial, while waving my Oyster card around, and chomping down dim sum buns. I'm desperate for people to think I'm so very London. Watch me grow psychotic at people standing on the left of the escalator. I am not like those outsiders who come into Leicester Square at the weekend to vomit. Darn tourists. I'm one of you. Honest.

Why does living outside of town recast you as a social pariah? I still talk, act, dress, eat, drink and think like a Londoner (I'm the centre of the universe, get out my way).

Black cabs may not be keen to go south of the river, but they're quite

happy to run up a £100 bill taking me north of the M25.

My life hasn't really changed; I've just got a garden now. Living in a commuter town hasn't transformed me into a Midsomer Murders cliché. Well, no more than my middle class ass already was.

With house prices rocketing, soon more of you will be forced to join me in the commuter belch. (Insert evil laugh). But you know what? It's not as bad as you think. Just bring your own sushi – it's impossible to get decent sashimi outside Zone Two.

Follow Angela on twitter: @TheAngelaClarke

## London eye



Fashion designer Paul Smith poses in a recreation of his office during the launch of the exhibition Hello, My Name Is Paul Smith, at the Design Museum.

## What our writers are talking about

■ "I don't want a joined-up party," he sobbed. "Why can't I have my own one like the ones I have had before?"

**Tabitha Ronson**

■ Fans of the cable car could hold their AGM in one of the gondolas with room for a buffet table but...

**Giles Broadbent**

■ Frankly it is not good enough of Boris Johnson to shift the onus onto cyclists, when he has ignored our warnings.

**Lutfur Rahman**

■ Farmer Ricardo grabs his goat by the udder as the bleating animal escapes my haphazard hands.

**Kay Lockett**

## Corrections & Clarifications

At The Wharf, we pride ourselves in journalism that is honest, accurate and fair.

Our journalists adhere to the Editors Code of Practice, which sets the benchmark for high professional standards and is enforced by the Press Complaints Commission. If we do slip up, we promise to set the record straight on this page in a clear, no-nonsense manner.

To ask for an inaccuracy to be corrected, all you have to do is:

**Phone** 020 7293 3681  
**Email** [newsdesk@wharf.co.uk](mailto:newsdesk@wharf.co.uk)  
**Write** to The Wharf, Trinity Mirror, One Canada Square, Canary Wharf, London E14 5AP.

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## 60 Second Wharf

### Moving up a level

Level39 startup Crowdrooster launched this week, already taking on new employees to back its vision.  
**News • Page 4**

### Making it my business

Richard Alvin has been named The Wharf's Businessperson of the Year at the DBC awards.  
**News • Page 8**

### Swell guy sails in

David Dumbleby is sailing into Greenwich for a Q&A to support his new BBC series on maritime Britain.  
**What's On • Page 10**

### Ain't nothing like a dame

Andrew Pollard is dusting off his costumes and double entendres for another outing as a panto dame.  
**Alive • Page 14**

### It's still turkey for me

Chef Ben Tish talks sharing plates, seasonal food and why he's sticking with a turkey this year.  
**Food • Page 16**

### Go-go to Gozo

Far from the Wharf chill, balmy Gozo provides the polar opposite to the pre-Christmas stress and bustle.  
**Travel • Page 56**



P8

**Aequitas Law**

*Well Thought, Well Done.*

## UK Visa Issues?

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## Penguin pals p-p-pick up a world record

### CHARITY

SOME 325 penguins waddled onto Wood Wharf last week to break a world record for the largest gathering of people dressed as the flightless birds, in aid of Richard House Children's Hospice.

The event raised around £25,000 for the Beckton-based hospice which supports families in London whose children and young adults are at risk of death from a life-limiting health condition.

Peter Ellis, Richard House Children's Hospice chief executive

said: "It was an unforgettable evening.

"It is remarkable to see Richard House in the record books and it wouldn't have happened if it hadn't been for the support of so many wonderful

people (or penguins) as well as our sponsors at Pension Insurance Corporation.

"The money raised will really help local families who need our support."

Richard House patron, BBC *Ground Force* star Tommy Walsh attended the record attempt to show his support.



Tommy Walsh



KAY LOCKETT



## NEWS IN BRIEF

Around London

### Two men face Lee murder charges

**WOOLWICH** The two men accused of murdering soldier Lee Rigby appeared together in a court dock this week.

Michael Adebolajo, 28, from Romford, and Michael Adebowale, 22, of Greenwich, spoke only to confirm their names at the Old Bailey hearing.

They are charged with murdering Drummer Rigby as he walked back to Woolwich Barracks on May 22 and attempting to murder a police officer on the same day.

The case was adjourned until today (Thursday).

### Market ready for lights switch-on

**GREENWICH** The town's market will showcase its festive flair at its sparkling Christmas lights event on November 27.

The twinkling lights will be turned on amid a host of events including a children's lantern procession, carol singing and the arrival of Father Christmas, who will settle down in a special grotto.

Event is free and the Christmas lights countdown begins at 4.30pm.

## Height of luxury and large scale concerns

From Page One

London Assembly Green Party member Darren Johnson, meanwhile, told *The Guardian* the development would price more people out of the capital.

"London's property market is only serving the super-rich, leaving crumbs for ordinary Londoners, who have to rent overpriced homes on insecure tenancies or move out of the city altogether," he said.

The proposed development, now called Hertsmere Tower, is back on the agenda after Ryan Corporation bought the site last week for £100million from the previous owners Commercial Estates Group.

CEG had previously had a 63-storey tower rejected by Tower Hamlets Council's planning committee in 2009, before that was overturned by the Mayor of London Boris Johnson.

Ryan Corporation is likely to have to send any new application to Tower Hamlets Council for its consideration.

The developer has reportedly made assurances it is keen to invest in off-site affordable housing as part of the deal, as



Housing developers are being encouraged to bid for the next phase of the Olympic Park, East Wick and Sweetwater. The London Legacy Development Corporation is looking for a partner

for 1,500 homes to the western edge of the site.

Mayor of London Boris Johnson said: "Our goal is to create vibrant new neighbourhoods to include a range of affordable housing choices."

per London planning policy.

However, Cllr Golds has called on the final decision-maker to ensure the Isle of Dogs is not sold short during financial negotiations.

"As the administration at Tower Hamlets seems totally uninterested in solving these problems, then it will be up to government or the Mayor of London to step in and ensure that there is the necessary social infrastructure for the rapidly expanding population in this area," he said.

There is also debate over whether the building will be taller than One Canada Square. Previous accepted plans were for a tower at 242m, two metres shorter than the Canary Wharf skyscraper.

However, reports suggest the new structure will be seven metres higher than the Wharf centrepiece, which itself was limited by its proximity to London City Airport.

However, advances in aviation technology may have changed the criteria.



www.londondockconsultation.co.uk

### INVITATION TO AN EXHIBITION OF THE AMENDMENTS TO THE LONDON DOCK PLANNING APPLICATION



#### ABOUT

This event will provide an opportunity to view the submitted application documents and speak with the project team.

Planning officers from the London Borough of Tower Hamlets will also be in attendance at the specified times to discuss the application and answer questions.

The exhibition will be held in the Pennington Street Warehouse E1W 2AD

#### EXHIBITION DATES

**Wednesday 27<sup>th</sup> November 2013**  
1.00pm - 8.00pm

Planning officer present from 3 - 4pm

**Saturday 30<sup>th</sup> November 2013**  
11.00am - 4.00pm

Planning officer present from 12 - 1pm

For more information visit our website [www.londondockconsultation.co.uk](http://www.londondockconsultation.co.uk), email us [info@londondockconsultation.co.uk](mailto:info@londondockconsultation.co.uk) or telephone us on 0800 319 6958



## BBC Kate to talk at digital conference

BBC technology reporter Kate Russell, pictured, is among a host of leading names speaking at a conference celebrating women in the digital industry.

The session will take place on November 26 at Canary Wharf's tech incubator, Level39.

Other keynote speakers include Shadow Minister for Innovation, Science and Digital Infrastructure MP Chi Onwurah, Dr Sue Black from University College London and Will Harvey from Ogilvy.

There will also be panels, demonstrations and debates, as well as opportunities to network at the day-long event, called *Women Shift Digital: A Conference to Celebrate Women In Digital Careers*. Go to [womenshiftdigital.eventbrite.com](http://womenshiftdigital.eventbrite.com).



# Crowdfunding trio shift rapidly to the next level

**TECH** Crowdrooster aims to bring new twist to emerging platform, writes **Beth Allcock**

**T**he latest addition to Canary Wharf's Level39 family has been unveiled, promising a twist on a traditional concept of securing mass online support for new business ventures.

Crowdrooster, set up by a trio of friends last year, brands itself as a fresh concept in crowdfunding, a sector that raised £1.7billion in total in 2012 by offering rewards for early investment in speculative projects.

Settled in its E14 base, Crowdrooster is striving to set itself apart from American-based competitors such as Kickstarter by restricting entry only to registered companies.

And by merging its design-led crowdfunding community with e-commerce, co-founder Francesco Gatti said his website would become the first for crowd commerce on the market.

"We spotted a tangible opportunity," he said. "This is a great, fantastic tool for companies but we had seen that no-one was using it properly."

"There was no brand evaluation and, for this reason, sometimes companies didn't want to appear next to someone who is not professional."

"After that, we made it more commercial and merged e-commerce so customers follow the whole life-cycle of the product."

Crowdrooster provides an initial space for a company to create an international crowdfunding campaign, post a video and explain the design of a product – as well as the all important fundraising target – but boosts its offering by providing a low-risk space to gauge consumer appetite.

Francesco said it could potentially save money for companies such as Nike, which has recently launched its fuel band, by providing a platform to test the product to a design-savvy market.

Once one of Crowdrooster's six initial projects secure their funding



Co-founder Francesco Gatti at the launch event on Level39

target, the e-commerce branch will also span out into virtual shops inside a Crowdrooster mall.

Brands will be granted their own traditional online shop space to launch new products secured from their crowdfunding campaign, as well as those already in existence.

Francesco said: "This is a platform that enables companies to work on a predicted market."

"As soon as you receive a good interest from the crowd that means they really like the product and you're sure as soon as you have manufactured the stock, you're going to sell all of it."

"On other crowdfunding platforms

the company is not visible until these products arrive to retail.

"We are enabling the product to receive money and support from the crowd thanks to our e-commerce side."

"We are trying to create an experience for our customers."

After setting up in Level39 in May, Crowdrooster has since scaled the heights of One Canada Square, relocating to a high-growth space on the 42nd floor.

It has also recruited an in-house team of eight, as well as a further eight staff in Armenia.

And after previous failed searches for a base in Old Street and Tech City, Francesco said its new home was perfect.

"Here, in Level 39, it's more financial services, it's more corporate, and this gives us the credibility we need," he added.

"We have got mentors that give us tips like how to solve problems, how to improve our business model and how to make our platform better."

"It's people with a lot of experience, so we are growing our experience day by day."

Go to [crowdrooster.com](http://crowdrooster.com) or email [alessandro.rovati@crowdrooster.com](mailto:alessandro.rovati@crowdrooster.com)

## CROWDROOSTER PROJECTS

- **Company:** Feelgood
- **Target:** 35,000 euros
- **What is it?** The brand is striving to create an anti-wrinkle patch that joins gold with other kinds of metals to spark a reaction designed to make skin appear younger when placed in the product.
- **Company:** Office Gym
- **Target:** 30,000 euros
- **What is it?** A product to be attached to an office chair, allowing the user to stretch out and exercise.
- **Company:** Atypical
- **Target:** 10,000 euros
- **What is it?** This firm is striving to launch a new fashion skateboard onto the market, which allows purchasers to customise their product with colours and pictures for a unique design.

Go to [crowdrooster.com](http://crowdrooster.com).

## iCity reveals new vision for park hub

ICITY has submitted plans for redevelopment of the Olympic Park's Press and Broadcast Centre. The proposed digital cluster could deliver up to 7,500 jobs.

iCity, a joint venture between investment firm Delancey and data centre operator Infinity SD, scrapped previous designs for the centre this summer.

Architects Hawkins\Brown have come up with new plans that include versatile spaces for start-up businesses, a space for activities such as film screenings and pop-up stalls, as well as a 1,000 seater auditorium. If the plans are approved work will begin in the summer before the first phase is completed in 2015. It will be fully finished in 2018.

BT Sport is already broadcasting



An artist's impression of the iCity development

live from iCity and other tenants include Loughborough University.

Gavin Poole, CEO of iCity, said: "The submission of our planning application is the culmination of a vast amount of work to develop over one million square feet of space."

"Our vision to provide a new

home for east London's flourishing creative and digital industries takes a step closer to becoming a reality."

Developers say the facility will have "unrivalled connectivity, power and efficiency".

The London Legacy Development Corporation will decide on the proposals.



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## Big names at careers show

**DOCKLANDS** The largest jobs and careers event targeting the capital's young workforce will be held at the Excel this weekend.

The free showcase on November 22 and 23 will provide access to more than 150 employers, training providers and colleges, including Crossrail, Barclays, HSBC, Transport for London and The College of Law.

Youngsters aged between 15 and 24 are the target audience for the event as well as their parents, carers and teachers. Go to [skillslondon2013.co.uk](http://skillslondon2013.co.uk) to book.

## Achievers get the spotlight

**TOWER HAMLETS** Mayor Lutfur Rahman will lead the borough in celebrating the educational achievements of its youngsters today (Thursday).

Limehouse venue The Troxy will play host to the Education Achievement Ceremony in a year which has seen record-breaking success rates in both GCSE and A-level results.

Guest speaker and BBC London presenter Alice Bhandhukravi will join special guests to flag up achievements for academic excellence as well as contributions to the community.

## Pennies for Pudsey

**ISLE OF DOGS** All 400 children at Cubitt Town Infants school threw themselves into the spirit of Children in Need on Friday.

They brought their "pennies for Pudsey in the playground" and were

rewarded by a very special visitor who went to thank each class, performing a special dance.

Year Two will now spend this week counting up the pennies.

**Alive / Page 14**

## Travel to your local community services by DLR

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*Merry Christmas!*

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## Griff's Ghana gift

TV presenter Griff Rhys Jones made a trip to Greenwich as he was presented with a Ghana UK-based Achievement Award (GUBA) at the Old Royal Naval College.

The 60-year-old presenter was honoured for his recent

BBC documentary about his father, who served as a doctor in the West African Frontier Force.

He said: "I am honoured to be given this award, but it is not for me. It really goes to the hundreds of thousands who served in Burma."

## CCTV of man in DLR bike attack

**EAST LONDON** British Transport Police have released images of a man wanted in connection with an attack on a Docklands Light Railway

ticket inspector. The incident, which saw a man hit the worker with a mountain bike, took place at 6.50pm on

Wednesday, November 6, at Abbey Road station. Contact British Transport Police on 0800 40 50 40.

## Three face death charges

**EAST LONDON** Three people appeared at Thames Magistrates Court in connection with the drowning of Ibrahim Ghib in Shadwell Basin three years ago.

Misba Chowdhury, 23, and brother Amran, 26, both of Whitney Avenue in Ilford, are accused of manslaughter.

Steffi Rai, 26, from Birmingham, is accused of perverting the course of justice. All three were granted conditional bail and will appear at the Old Bailey on November 26.

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- 2013** Ofsted graded the College as Outstanding
- 2014** Canary Wharf College 2 planned to open

### Applying to Canary Wharf College (Docklands)

Our current school is now accepting applications for entry into Reception in September 2014. There are 40 places available. Please read the Admissions Policy on our website and apply online using the Tower Hamlets Common Application Form and our Supplementary Form.

Please visit [www.canarywharfcollege.co.uk](http://www.canarywharfcollege.co.uk) for more information.

### Applying to Canary Wharf College 2

A second primary school will open in September 2014. This will be open to applications for both Reception and Year 1. There are 40 places available in both year groups.

To apply for Reception, please complete Tower Hamlets Common Application Form and the Supplementary Form which is available from our website.

For Year 1, in the first instance, please complete the Registration of Interest Form found online. This should be completed before the end of January 2014. Subsequently, it is essential that you make an application for an In-Year Transfer through Tower Hamlets between 3rd May 2014 and 20th June 2014.

All places will be allocated according to our published Admissions Policy.

Please visit [www.canarywharfcollege.co.uk/cwc2](http://www.canarywharfcollege.co.uk/cwc2) for more information.



197 East Ferry Road, London. E14 3BA  
Telephone: 0207 515 2328  
[www.canarywharfcollege.co.uk](http://www.canarywharfcollege.co.uk)  
[admissions@canarywharfcollege.co.uk](mailto:admissions@canarywharfcollege.co.uk)

To apply visit Tower Hamlets Website

## Win a family ticket to see Seussical

★ The Greenwich-based Sell A Door Theatre Company is looking to offer a family ticket for four, for the special press night presentation of *Seussical* on Monday, December 2, at 6pm.

Join The Cat In The Hat as he takes you on a journey into the fantastical, bombastical and songtastical world of Dr Seuss.

Horton the Elephant discovers a small world floating by on a speck of dust. Caught between a dust speck and his egg, Horton is alone in the universe and faces ridicule, danger and trial.

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- a. Frantic
- b. Small
- c. Weary



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## My success is tied to the Docklands

### BUSINESS

Richard wins *The Wharf* business person of year

Rob.Virtue  
@wharf.co.uk

**H**e's businessperson of the year for 2013 but the honour represents an entrepreneurial journey stretching back to his early 20s.

Richard Alvin, now 38 and founder of private equity firm Audere Capital, scooped the prize at the Docklands Business Club and East London Chamber of Commerce and Industry's awards night at the Crystal in the Royal Docks last Thursday.

"I'm really proud," Richard said of the award sponsored by *The Wharf*. "I started off 17 years ago buying the local newspaper and now I'm working 100 yards along Marsh Wall with a group of companies with a turnover of £4million."

That newspaper was the *Docklands News*, founded by the London Docklands Development Company. Richard as media officer at the group, was given responsibility for overseeing it.



Winner: Richard Alvin

Those were heady days in the '90s and were important to his growth in business.

"Although I came into LDDC quite far along the regeneration and towards the end of its life, I've seen massive changes since those days," he said.

"It was an energising place. Everyone there was broadly established in business but had a real entrepreneurial spirit."

As the LDDC wound down, the newspaper was offloaded.

"I took out a second mortgage on it to buy the newspaper," said Richard. "I'd always wanted to run my own business but didn't think

it would be so early. And then I was in charge of a newspaper with 12 employees."

Richard eventually sold *Docklands News* and took some time away from the media, instead helping fellow entrepreneur Brian Jokat set up the first ice rink at Canary Wharf.

A monthly magazine, *Business Matters*, lured him back.

"Emap hadn't invested much into the publication," he said. "We bought it and straight away went from 24 pages to 48."

Readership grew to nearly 150,000 and Richard's firm Capital Business Group would purchase more publications, going on to open an office in New York.

The successes saw his private equity firm invest in a Cardiff-based PR company, taking its investments to £1.8million in total.

These days Richard is looking towards digital ventures.

Richard said: "Back in April our supplier for the iPad edition went bust and we bought the firm, so the focus is on digital publishing activities, including developing hyper-local global publications. That's where I see the future."

Picture special / Page 59

## Degrees of success

### PEOPLE

DIZZEE Rascal will be on the graduation roll today (Thursday) at University of East London.

An Honorary Doctorate of Arts will be bestowed upon the grime music sensation. The award-winning rapper

is one of 11 individuals who will be celebrated as leaders in their field and awarded for their contributions to the east London community.

Others include former student turned Paralympian Martine Wright, who lost both legs in London's July 7, 2005 bombings.



Dizzee Rascal: Honour





CANARY WHARF

# What's On

## TV Dimbleby drops anchor for swell date

### MUSEUM

Maritime Museum partners BBC on major nautical series

Giles Broadbent  
@wharf.co.uk

**T**V presenter David Dimbleby is dropping anchor in Greenwich as part of a series of events at the National Maritime Museum to accompany his major new series.

Made in partnership with NMM, *Britain And The Sea* (BBC), which began on Sunday,

explores the British coastline and sees the 75-year-old presenter set sail on his boat *Rocket* to hear stories of the maritime nation.

The programmes draw on a wide range of paintings and objects from the NMM's rich collections: from the massive silver-gilt *Bombardment of Algiers* centrepiece presented to Admiral Edward Pellew by the officers who served under him – and now on display in the museum's Compass Lounge – to the magnificent brass *Cole Compendium*, a navigational tool reportedly made for Sir Francis Drake and containing a compass, calendar and geometric square.

Dr Robert Blyth, senior curator of Maritime History at NMM and Consultant on the



BBC & NATIONAL MARITIME MUSEUM

## Seven Days

### Art

Images showcase beauty and decay



*Afro Girl* by Asboluv, left, and *Sweet Innocence* by Ben Oakley

★ Ben Oakley Gallery in Greenwich is presenting the last of its two-man shows for the year.

**Cut To The Bone** features new work from Asboluv and Ben Oakley.

Asboluv produces images of beauty and decay with his Afro-girl signature flowing through his work.

Oakley has produced a mix of provocative and sculptural works alongside some hand tinted photographs, all exploiting his dark humour and inventiveness.

Until Dec 8, Ben Oakley Gallery, 9 Turnpin Lane, SE10 9JA, FREE, [benoakleygallery.com](http://benoakleygallery.com).

### Stage

Twisted retelling of ancient story

★ In Terrence McNally's controversial re-working of the Gospels, *Corpus Christi*, equality, sexuality and religion collide to shed new light on a 2,000-year-old story.

Joshua has always been different. From his birth in a motel, through his awkward high school years, he never knew why the sound of hammering echoed in his ears.

The voice that has spoken to him throughout his life is his Father, and the Father's will is too strong to ignore.

Nov 26-Dec 14, *The Space*, 8pm, £14 (£10), [space.org.uk](http://space.org.uk).

### Convention

Celebrate the Doctor's 50 years

★ The Battle of Canary Wharf – the mighty clash of the Doctor's greatest enemies – will be as nothing compared to the impending Battle of the Royal Docks.

For tickets for a major Dr Who convention have been snapped up for a gathering that will mark 50 years of the Time Lord's scrapes and adventures. Nov 22-24, Excel, celebration. [doctorwho.tv](http://doctorwho.tv).



David Dimbleby on BBC's *Britain And The Sea*, which features treasures from NMM including the *Cole Compendium*, above left, and *Bombardment of Algiers* centrepiece, below

series said: "Working on this series was both fun and a challenge, especially searching through the Museum's vast collections for paintings and objects connected with David Dimbleby's coastal voyages.

"David is clearly fascinated by the sea and its role in shaping British history".

The museum is hosting a talk by David Dimbleby on Tuesday when he will be in conversation with BBC colleague Razi Iqbal.

Go to [rmg.co.uk](http://rmg.co.uk) for more information about the museum.

### TIE-IN EVENTS

#### ■ At Sea with David Dimbleby

The talk is followed by a tour of new exhibition *Turner And The Sea*.

Nov 26, National Maritime Museum, 6pm, £12-£20.

#### ■ Audio-tour with David Dimbleby

David Dimbleby narrates an audio-guide highlighting themes of history, art and empire through the paintings in the Queen's House.

From Nov 27, *Queen's House*, 10am-5pm, FREE.

#### ■ Bombardment of the Battle of Algiers centrepiece

The magnificent silver-gilt *Bombardment of Algiers* centrepiece, featuring in an episode of *Britain And The Sea* will go on display in the NMM's Compass Lounge. On show now, *Compass Lounge*, 10am-5pm, FREE.



## David's sting in the tale

DAVID Dimbleby fully immersed himself in maritime culture by getting a tattoo from Bethnal Green parlour Vagabond.

"It wasn't painful at all, it just zings a bit. It's modest," he said.



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# What's on

## Cineworld puts festive cheer on the big screen

### CINEMA

Cineworld West India Quay is gearing up for the festive season with a series of special events that complement the usual snow-tinged fare to keep the children entertained.

On Sunday, November 24, violinist and composer **Andre Rieu** returns home to the Netherlands for a Christmas concert.

Screened live, with a Q&A, the "king of the waltz" will give a tour of his castle and play 26 holiday classics, with singers, dancers and orchestra.

Later in December another live event sees the Royal Ballet perform **The Nutcracker**.

On December 7, Disney's animated fantasy **Frozen** will be enchanting youngsters and to mark the release the West India Quay multiplex will hold a family fun day with face painting, competitions and games.

**Frozen** is just one of a number of big screen releases hoping to tempt people away from the shopping – **The Hobbit: The Desolation Of Smaug**, **Anchorman 2**, and **Free Birds**



Andre Rieu: At his castle

among the highlights. And not forgetting the re-run of favourites from the past, **Muppet Christmas Carol**, **It's A Wonderful Life** and **Gone With The Wind**.

Meanwhile for those looking to plan their cinema viewing to coincide with the Oscars, early next year, Cineworld offers a range of gift cards and gift ideas.

Look out in *The Wharf* in coming weeks for more details and chances to win family tickets to the big screen releases. Go to [cineworld.co.uk](http://cineworld.co.uk).

## Rats from the Mob go wild in the country

### SCREEN

**The Family**

(15) 111mins

There is a good movie somewhere in *The Family*. In fact, there are two. The sadness is that a hugely talented cast, several pleasurable moments and two fine ideas have been conflated into one misstepping film.

Remember Luc Besson's earlier work? *The Fifth Element*? How a traditional genre sci-fi collided uncomfortably with some weird camp media satire? Well, same director, same problem; a fish-out-of-water black comedy becomes a bloody revenge flick and no-one raised their hand in class to point out the mismatch.

There's even a built-in, bona fide, cringe-in-your-seat jump-the-shark moment – but we'll come to that.

First off, the set-up and the successful early segment. A Mafia family are relocated by a witness protection programme to a sleepy



Robert DeNiro and Michelle Pfeiffer are the Mob family on the run

Normandy town (where everyone speaks perfect English).

Baggy Fred Manzoni (Robert DeNiro), given the cover story that he's writing a history of D-Day, instead taps away at his autobiography reflecting on his life of crime.

Meanwhile wife Maggie (Michelle Pfeiffer) and their children Belle (*Glee*'s Dianna Agron) and Warren (John D'Leo) go into the world and try to

get to grips with their new slow-lane, small-town existence and their stereotypical, snail-munching neighbours.

Here's the substance of a funny movie. The family, wonderfully and darkly played by the leads, start to impose their New Jersey values on les paysannes – from explosive revenge on the shopkeeper to nascent school extortion rackets.

Fun stuff, well executed and not

# SHOWING SOON:

Cineworld's got something for everyone this winter...

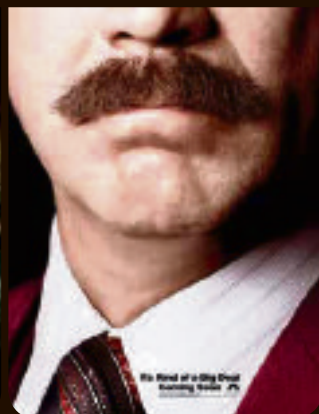
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## Read on »



Win The Family goodies  
Dinner and a Movie / Page 61

dissimilar to the deadpan *Addams Family* schtick.

Despite the efforts of Agent Stansfield (Tommy Lee Jones) the Mob finds out their target is in France and sets off to reclaim its pound of flesh.

How they make the breakthrough is a marvel of credulity defying, audience-bating nonsense. Write it down. You may never see its like again.

The filmmakers don't even bother trying to disguise how little effort they made because, presumably they've noticed we've lost interest and they're hurrying to the bazooka and blood finale.

And that final reel is an entirely separate film, which has all the classy violent hallmarks of executive producer Martin Scorsese and has some elaborate set pieces worthy of a film, although not this one.

And the jump the shark moment? Robert De Niro is invited to speak about his investigations into the Second World War by the local film society.

But the selected film doesn't arrive so he has to talk about the substitute instead. What is it? Scorsese's seminal gangster movie *Goodfellas*, starring, er, Robert De Niro. Groan.

**Giles Broadbent**

### Our verdict

Uncomfortable shifts in tone take film away from early promise

★★★☆☆

## SCREEN

### The Hunger Games 2

(12A) 146mins

The mega-successful young adult book series gets a mega-successful sequel to the mega-successful original with Jennifer Lawrence as Katniss Everdeen now able to add "Oscar-winning" to her credentials.

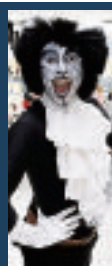
She remains the intriguing heartbeat of *Catching Fire*, which is still intensely personal despite the epic scale of the vision.

Picking up where the first film left off, Katniss and Peeta (Josh Hutcherson) are sent on a victor's tour of the districts after their success in the first games.

Meanwhile Ruthless President Snow (Donald Sutherland) sees how they have inspired riots and plans a 75th Hunger Games – the Quarter Quell – that sees all past winners fight to the death.

While the film suffers from the bagginess that comes mid-franchise it still boasts the scale and intelligence of Suzanne Collins' source material.

Stanley Tucci and Philip Seymour add their charisma to a panoply of visual treats.



The family panto is back in town

Alive / P14-15

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# Alive

## Welcome to a gloriously stupid world

**PANTO** Andrew Pollard tells **Lucia Blash** how he gives his audience the freedom to be silly

Greenwich Theatre's Christmas show is as much a part of the festive season as the Queen's Speech, turkey and tinsel and a visit to Santa's Grotto.

Expectations are riding high for this year's production *Puss In Boots* that sees one of the capital's favourite Dames, Andrew Pollard, return to the theatre for his eighth year in the traditional role, ninth as writer, and second as director.

The show reunites him with comic sidekick Paul Critoph, sees Alim Jayda in the title role of Puss and features magic and puppetry alongside an array of spectacular song and dance routines.

"It's a big responsibility because you are a part of people's Christmases," said Andrew, when *The Wharf* caught up with him ahead of tonight's (Thursday's) opening night. "They look forward to it. They book to come to see your show and you don't want to let anyone down."

"There always comes a moment during rehearsals when you go, 'Is this going to work? Is this going to be funny?' Thankfully, we've always managed to create something a little bit special."

Following from last year's staging of *Robin Hood*, *Puss In Boots* is another break for the theatre from the usual cycle of pantomimes.



Hero (Luke Striffler), Puss (Alim Jayda) and Princess (Kate Malyon)

Based on Charles Perrault's French fairytale *Le Chat Botté*, itself taken from an Italian folktale, the much-loved story tells the tale of a poor young man whose fortunes are transformed with the help of a magical talking cat.

It was first staged as a pantomime in Covent Garden in 1817, starring one of the most famous entertainers of the day, Joseph Grimaldi. However, in recent years it has fallen out of fashion.

"*Puss In Boots* used to be done a lot," said Andrew. "It was one of the canon of the pantomimes. I'm not sure why it fell out of favour as it's a great story, with fantastic characters. The story also gives you room to go off on a tangent and do some slapstick. What more can you wish for from a panto?"

In writing the script, Andrew returned to the original Perrault story while referencing old pantomime scripts of the production – "it's nice to give a nod to tradition". He even dipped in to the classic Ladybird book of the fairytale – "It just tells the story so clearly."

As the director, he has set the pantomime in France, allowing for some fabulous Baroque-inspired sets, lavish Rococo-style costumes and, a rather cheekily named Dame – Fruity Fifi.

So, having to create a show that

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caters to all ages and works on a number of different levels, how does Andrew manage to find that balance between naughty and nasty, cheeky and crude?

"You do have to be careful," said Andrew. "The point is we're all kids when we come to a panto."

"Of course, adults pick up on different things. All you have to do with that is give a little look."

**I do put in the odd double entendre**

"You don't have to force it. There's enough there for the adults to understand. I do put in the odd double entendre because that's part of the tradition of the Dame, she's blousy and a bit vulgar."

"More importantly, though, the Dame and the comic relief characters have a long tradition."

"It's the jester who can laugh at the king. That's why we have comedians because they can say the things we



Andrew Pollard, seen here in a previous panto, plays the Dame

can't say in real life that we'd love to. So I play it like that."

He added: "What I try to give to our audiences is a licence to be silly. I want everybody to have a good time and to get caught up in our gloriously stupid world – that is the magic of panto."

Nov 21-Jan 5, Greenwich Theatre, Crooms Hill SE10 8ES, various times, various prices, greenwichtheatre.org.uk.

#### ALSO

##### PUSS IN BOOTS Hackney Empire, Nov 23-Jan 5

The feline hero gains wealth and power for his master in the Kingdom of Hackneyonia, E8. hackneyempire.co.uk.

##### ONE SNOWY NIGHT Deptford Albany, Dec 10-29

Based on the bestselling books by Nick Butterworth it involves puppets, while blankets create a cosy setting. thealbany.co.uk.

## I'm over the moon to be among the panto stars

#### PANTO

Actor tells **Beth Allcock** how he initially turned down the role of Dick

Panto season was a firm diary date for Ashley Gerlach as a youngster.

This year, the smiles, slapstick and story of *Dick Whittington* will be a first for the actor as he treads the boards at Theatre Royal Stratford East for his debut.

The Londoner will take his place alongside the familiar face of Michael Bertenshaw – a veteran of the E15 panto scene – Delroy Atkinson, Caroline Parker and Stratford favourite Tony Jayawardena.

And for someone who frequently took his place in the panto audience as a child, Ashley said he relished the "absolutely incredible" challenge of taking on the lead role in *Dick Whittington*.

"It's the first time I have done panto," said the 26-year-old, who will clock up more than 70 matinee and evening shows during the stint.

"It's the first time I have done a show here in Stratford and it's the first time I have had a title role, so it's new to me on all fronts."

"I did a rehearsal reading and I got invited to audition but I told them I would have to turn the audition down, as I don't actually sing."

"They told me to bring a couple of raps – so I rapped along – and there's now a couple in the production. I think they wanted someone who could tell a story."

"It's incredible for someone who is young in terms of acting to work with someone like Michael [Bertenshaw], who brings it full pelt from day one. It's been a real masterclass from him really."



Ashley Gerlach: Learning my craft

"It's an amazing place to learn this sort of craft, especially with the quality of the cast that we have and the quality of the theatre."

After graduating from drama studies at Manchester Metropolitan University, Tooting-based Ashley has made appearances on the screen and radio and in experimental theatre and interactive games.

But from Saturday, he'll be donning striped leggings, a checked shirt and fedora hat and glowing in the aura of a pantomime hero.

Audiences will travel with Dick as he ventures to the moon and on a journey to Lowdown City in a quest to discover the glittering East End and whether the streets are paved with Olympic Gold.

Along the way, he'll enlist the help of pal Cool Cat and will need to combat the rotten King Rat to prevent him taking the title of Mayor of Stratford town.

And Ashley is relishing the role adored by the audience and the feeling of being on edge on stage, offering a platform for creative, free spirit to ramp up the energy and excitement.

"It's a nice change," he said. "I tend to play troubled characters."

"But it's lovely to play the hero and someone so positive. You learn something about yourself."

Nov 23-Jan 11, Theatre Royal Stratford East, from £5.50, stratfordeast.com.

**It's lovely to play someone so positive**

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## Festive Food – Page 16

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# Food

## Head to the Radisson for some seasonal fun

As Christmas festivities begin in earnest, one Docklands hotel is doing all it can to tempt Wharfers that bit further east over the next few weeks.

The Radisson Blu Edwardian, New Providence Wharf, has homed in on foodies with its various offerings. From December 1-24 and on New Year's Eve, its festive menu promises such delights as juniper crusted venison, 12-hour lamb stew, vintage cheddar and shallot turnovers and bread and butter pudding. It's priced at £22.50 per person for three courses.

On Christmas Day itself, a £60 three-course menu is on offer featuring all the classics as well as creamed celeriac and apple soup, roast rib of beef and chocolate tart with orange mascarpone cream.

Once you're appropriately stuffed, the meal is rounded off with mince pies and tea or coffee.

Private dining options are also available (price on inquiry) with a menu that includes roast vine tomato soup, roast bronze turkey and traditional plum pudding.

If you just fancy taking a break from it all, rooms at the hotel start at £268 based on two people sharing, including VAT and a full English breakfast, valid until January 5.

Go to [radissonblu-edwardian.com](http://radissonblu-edwardian.com) for more information about Christmas at the hotel.



Above, delicate festive fare at the Radisson  
Below, the hotel's comfy accommodation



## Why I will be showing off festive tapas at foodie event

Ben Tish talks sharing plates, seasonal food and why he'll be cooking a turkey for the big day with **Beth Allcock**

What will you be cooking at home on December 25?

"We're cooking a turkey – only because I don't think I have had turkey for Christmas for a long time. It'll be very traditional and I will be making some mince pies too."

Atop London chef famed for his Mediterranean fare is championing winter plates of tasty tapas as the perfect way to get this year's festivities flowing. Although it might not fit with the typical definition of Christmas grub, Ben Tish, executive chef of Salt Yard Group, said the Italian and Spanish shared plates were a way of eating that went "hand in hand" with the Yuletide spirit.

And, along with his team, he is set to show visitors to Taste Of Christmas 2013 an insight into the group's festive offerings from November 21-24, at Wapping's Tobacco Dock.

Expect food showcases filled with mouthwatering dishes and a live cookery demonstration from Ben on the Friday, where he will whip up seasonal treats in front of east Londoners.

"At this time of year we are looking at seasonality," he said. "We are certainly not into doing turkey and all that stuff but we always like to have that seasonal element to it."

"At Taste Of Christmas, we will be doing Spanish and Italian flavours with a festive, wintery twist."

"We are going to have a charcoal barbecue and doing spiced venison pinchos – they're like skewers – with a beetroot pickle, nice and hot off the coals."

"We will also be doing our version of a

macaroni cheese, quite a luxury one, that we did at Taste Of London last year."

"It's got truffle in it and three different types of Italian cheese. Then there's a brown butter panna cotta served with spiced raisin biscuits."

And within the four walls of the Salt Yard Group's trio of London restaurants – Salt Yard, Dehesa and Opera Tavern – the alternative seasonal offering is proving just as popular with sit-down diners.

While the festive offerings are revealed a few months before December, Ben said they get snapped up in the first month.

"People like the aspect that we aren't doing a traditional offering," he said. "With us, you get waves and waves of different small dishes arriving at the table all with a festive, seasonal slant."

"That way of eating is so sociable and relaxing as opposed to a starter, main course and dessert and that feel of eating is nice for a party and a relaxed, fun atmosphere."

This year, the festive period will be a little more hectic than ordinary for Salt Yard Group, as the doors open to its latest offering Ember Yard, in Berwick Street.

And for the Islington resident, Christmas dining will come full-circle with low key celebrations planned with his wife.

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AMERIGO VESPUCCI

### Feel festive with mulled wine and roast chestnuts

★ Amerigo Vespucci is getting into the Christmas spirit from December 1, when they will be turning their alfresco terrace into a festive den.

Mulled wine, roast chestnuts and winter warming soups will be on the menu to enjoy outside on the waterfront.

The restaurant is still taking bookings for its Christmas three-course set menu priced at £29.95, with tables of 10 or more receiving a complimentary bottle of Prosecco.

Go to [amerigovespucci.co.uk](http://amerigovespucci.co.uk).

## Creating a perfect

★ Cocktails inspired by Christmas time will soon be on the menu at Cooperage in Greenwich.

From December, festive punch, fig sidecar and hot buttered rum will be available for £7.50 each and are guaranteed to get drinkers feeling Christmassy.

But if you can't make it over there manager Nick Boulton has agreed to share his punch recipe with us:

■ Stud an orange with 20 cloves and bake in the oven until caramelised,







Salt Yard Group executive chef Ben Tish holds a ham at the official launch of Taste Of Christmas, which comes to Wapping's Tobacco Dock from November 21-24

He said while the kitchen duties generally fell to him, craving the "therapeutic" nature of his home workspace, he would undoubtedly be kicked out at some point as his other half took charge.

He also revealed that tapas would not be replacing a turkey on his personal menu for December 25.

"This year, for Christmas, we're being very unadventurous," said Ben. "We're cooking a turkey – only because I don't think I have had

turkey for Christmas for a long time. It'll be very traditional and I will be making some mince pies, the Christmas pudding we will buy and, probably for breakfast, we'll have something a bit more extravagant, like a lobster."

■ Ben Tish will be appearing at Taste Of Christmas 2013 – a feast of festive flavours from around the world. The event takes place at Tobacco Dock, from November 21-24 and tickets cost from £22.

Go to [tasteofchristmas.com](http://tasteofchristmas.com)

## ect party punch

about 30 minutes at 180C.

■ Put into barrel (plastic container will do) with one bottle of Kracken black spiced rum, one cinnamon stick and ¼ grated nutmeg.

■ Leave for two days before sieving and bottling.

■ To make the actual cocktail, add 50ml of the rum, 10ml freshly squeezed lime juice and a hot apple cider.

■ Stir and serve in a glass with a stem or handle.

Go to [davy.co.uk/cooperage](http://davy.co.uk/cooperage).

### CHARBONNEL ET WALKER

## Countdown to the big day with choccy treats

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Our pick for your office team (if you can bear to share) is the beautiful bowed Advent Calendar (£30) with a luscious milk or dark chocolate surprise behind each of its 25 windows. Go to [charbonnel.co.uk](http://charbonnel.co.uk).



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## Festive beauty – Pages 52-53



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## Four wines for a Christmassy time



Clockwise from left, Le Casot, Radikon Slatnik, Morgadio da Calada and Domaine des Demoiselles

### FESTIVE TIPPLES

**D**aniil Vashchilov, owner of organic, biodynamic, natural wine shop and wine bar, Victualler in Wapping has selected four rare and independent wines to enjoy on Christmas day. Impress your family and friends by bringing these unusual tipples to the table.

Daniil is careful to select wines from his seven suppliers that "truly show their place of origin" and offers his advice on how to enjoy them:

■ **Radikon Slatnik, Venezia Giulia, £30.99**

The perfect match with roast turkey.

Daniil says: "A beautiful orange wine with notes of peach, dried apricot, stone fruits and bit of oak."

"The joy of orange wines is they are light and fresh but have the tannins and texture of red wine, so are very versatile."

"The aftertaste is of honey and citrus and should go perfectly with a wide range of roast meats."



■ **Domaine des Demoiselles, Rivesaltes ambré, Solera, £25.99**

Match this one with your sweet dessert.

Daniil says: "Amber in colour this fortified wine spends time in Sherry casks."

"It's multidimensional – refreshing as well as sweet – and features spice, raisin, caramel and citrus fruit notes and good acidity."

■ **Le Casot De Maillolles La Poudre D'escampette, £23.99**

Match this fresh wine with mince pies

Daniil says: "This is a fresh wine rather than sweet that will cut through rich foods."

"It has savoury, mineral notes that are floral and elegant. There's cranberry, redcurrant and a biscuit and creamy finish with good acidity."

■ **Morgadio da Calçada Porto Tawny Reserve, £22.99**

Drink this after dinner with the cheese

Daniil says: "This dry, oaky, earthy Port is wonderful at Christmas, with notes of raisins, fruit, spices, cinnamon and vanilla. It feels like a mince pie in a glass."

■ All wines are available to taste and buy at Victualler, 69 Garnet Street, Wapping. Go to [victualler.co.uk](http://victualler.co.uk).

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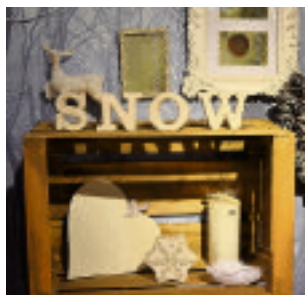
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# Gifts



Clockwise from top, the main Crimbleberry display at the Marks and Spencer Gift Shop in Stratford, festive pot pourri, Spitfire DVDs and seasonal decorative letters

## Head to Stratford to get your hands on M&S pressies

**R**omance, splendour, indulgent treats and a band of jolly Crimbleberry characters have been wrapped up with a festive sparkle inside Marks and Spencer's first Gift Shop.

The treasure trove of Christmas goodies for all the family has made its debut in a couple of branches across the capital, including Westfield Stratford City.

Customers travelling to the store's second floor will switch to a winter wonderland adorned with cute Crimbleberry characters including Tom Tom the Fox lights, Jangle the Mouse door stops and a host of signs, stockings and baubles, before stepping inside a scented heaven.

Daisy Sheppard-McAuley, Marks and Spencer's commercial manager for

home and Gift Shop, said this combination of the romance and splendour ranges would tick the boxes for the brand's typical customer base.

Boasting candles, incense sticks, tree decorations, paper stags and potpourri in both muted creams and greys and shimmering designs atop furniture available to buy in-store, the Gift Shop succeeds in broad-casting homeliness.

Further sections combine food and home gifts and exclusive offerings from the *Great British Bake Off* and television's Kirsty Allsopp with gardening accessories and a dedicated space for men's goodies.

"We were one of the first stores in Westfield to launch

Christmas and we have helped encourage the Christmas spirit," said Daisy.

"Even before people were looking at Christmas, this felt like a wow factor when they came up the escalator. Now, the range is starting to be shopped."

"We are seeing great results with the range and with the Crimbleberry being so family-oriented and at the front."

"It's a lot of creative play within the range, you can make lanterns, pin the nose on the reindeer, and colour in table cloths."

The majority of products at Marks and Spencer's Gift Shop are available on a three-for-two basis.

**Beth Allcock**  
Go to [marksandspencer.com](http://marksandspencer.com).



A pendant necklace by Melissa Dora

## Charming nautical pieces

Discover festive fashion and a haul of wintry goodies at Greenwich's Old Royal Naval College this month.

The college's shop prides itself on showcasing contemporary gifts from talented home-grown designers at a range of prices, spanning pieces to adorn the home, wardrobe, festive tree or Christmas stocking.

Colourful pendant necklaces by Melissa Dora fuse a range of patterns with traditional aspects of Turkish design while Jonathan

Aspinal's pop-out greetings cards offer a quirky way to send a Christmas message.

Rudolph, penguins and Christmas pudding chocolates as well as paint your own Santa Matroszki kits will keep little ones entertained.

The ORNC shop will also have a pop-up stall at Greenwich's Christmas lights switch on, next Wednesday.

**Beth Allcock**  
Go to [ornc.org](http://ornc.org).

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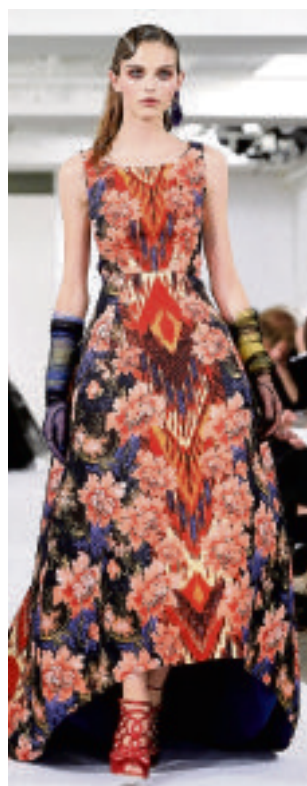
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# Fashion



Model wears Oscar de la Renta dress, £POA, oscardearenta.com

## Cut down ahead of festive feast

Weight Watchers offers some tips on how to drop a dress size by Christmas

**W**e may be in November, but it's not too early to be turning our thoughts to Christmas.

Those days of excess when we think we can get away with having Ferrero Rocher with our cornflakes, coffee liqueurs all day, and pounds of rich fruit cake – surely it's part of our five a day?

The trouble is for many of us, Christmas isn't just celebrated over two days.

With parties, visitors, works do's and nights out, the festive season can start at the beginning of December and run well into mid-January.

At one of the busiest times of the year it can be easy to forget the healthy eating but now is the perfect time to re-focus, with five weeks left until the big day you could lose up to 2lbs a week with Weight Watchers ProPoints Plan – that's up to 10lbs and for most of us a dress size.



Have you seen that perfect outfit for the party? Use ProPoints to drop a dress size

Model wears Floral sequin dress, £180 from Jaeger

Below are some great tips on how to take control of Christmas:

### ■ Party nights

Alcohol can hinder weight loss by lowering your resolve and providing extra ProPoints.

And those festive wines and beers

can also lead you to eat and drink more than you planned.

**Solution:** It's all in the choice. By making smarter choices, you can still enjoy a tipple without tipping the scales. Try swapping a 175ml glass of wine for a 25ml vodka and soda

### ■ Nibble nightmares

When you're sticking to a food plan, the abundance of snacks around at this time of year can make you feel driven to distraction.

**Solution:** Nibble know-how. Be aware of the ProPoints values and portion sizes of the foods you like.

### ■ Couch potato

Curling up on the sofa to watch all the TV specials is often part of the seasonal traditions.

Do you find yourself moving less than normal? This could have an impact on your weight loss efforts.

**Solution:** Couch combat. Being active can help your weight loss efforts. Choose to go for a workout or to a class as a pick-me-up.

### ■ Chocolate challenge

Boxes of chocolates adorning your work place? Stocking your cupboards at home for visitors?

With chocolate all around, it can be hard to resist.

**Solution:** Plan your treats. If chocolate spells heaven, create room in your ProPoints budget so you can enjoy a treat without worry.

To find out more about the Weight Watchers ProPoints Plan or find your nearest meeting by calling 08457 123 000 or at [weightwatchers.co.uk](http://weightwatchers.co.uk).

**Slimming column / Page 55**

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# Get your skin ready for the assaults of the party season

How a facial from Dr Russo should leave you glowing this year, writes **Kay Lockett**

**S**tress and a busy lifestyle can take its toll on our complexion," said Dr Luca Russo. "Our skin can suffer from a lack of essential vitamins and nutrients, leaving us looking tired and older than our years."

With the festive season upon us, we all want to look our best – find the perfect shoes and a little black dress – and a Dr Russo Facial could be the cherry on top of your perfect party cake.

In under an hour the treatment will leave your complexion looking healthy, youthful and radiant (if a little pink for an hour or two) ready to celebrate Christmas and see in the New Year.

Dr Russo, a specialist in premature skin ageing and rejuvenation procedures and founding director of The Rejuvenation Clinic in Cabot Place, said: "This facial can help you avoid the risk and expense of a surgical facelift. It takes years off your looks by lifting, tightening and toning the skin, reducing fine lines and wrinkles, and improving the skin's radiance."

"It is more than a spa facial treatment – it will nourish the skin below the surface with immediately visible results."

"Topical creams that most people tend to use only treat the top layer of

skin – we need to go deeper for better results."

"I also recommend that everyone uses an SPF everyday. As long as there is natural light around you, even through a window, your skin is being damaged."

"The treatment can be tailored to all skin types and I recommend an initial course every four weeks for optimum results."

After a skin consultation, dead skin cells are removed from the skin's upper layer, avoiding any scratching or damaging of the skin's surface, with the gentle but powerful exfoliating cleanser.

Next, a hyaluronic acid peeling mask is applied to hydrate and plump the skin.

Then follows the mesotherapy stage – a cocktail of active vitamins, minerals and amino acids designed to nourish and rejuvenate the mesoderm layer of the skin, helping to stimulate collagen and elastin.

This is followed by the hydrating serum and a facial massage. For those that wish to go a step further, this treatment can also be combined with anti-wrinkle injectables.

If you feel like treating yourself to some more pre Christmas party preening the luxurious clinic has a couple spa suite with dedicated



Dr Luca Russo is founding director at The Rejuvenation Clinic in Cabot Place

## FACIAL FACTS

- Promotes skin elasticity and firmness.
- Reduces lines and wrinkles.
- Improves skin tone and revives the complexion.
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- Takes under an hour, with no downtime.

changing and relaxation area, aromatherapy steam room, tropical shower, a skin analysis lounge, a Champaign nail bar and a retail store where a range of hair and skin care products are available including cosmeceutical products formulated by Dr Russo.

To get **20 per cent off** the treatment cost of £295 say you're a reader of *The Wharf* when booking for December.

**Kay Lockett**

Go to [therejuvenationclinic.co.uk](http://therejuvenationclinic.co.uk).



**Trying not to annoy others in gym**

Health / P55



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Dr Dina Strachan, a certified  
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New York city – and a graduate from  
Harvard College and Yale Medical  
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# Health

## SLIMMING

BY CAROLINE WATERSTON



### WEIGHT LOSS DIARY

I've got great news – another four pounds off which means I am officially back on track. I'm back at the gym too and with the countdown to Christmas right upon us I am feeling good. I'm a little worried about all the upcoming festivities. Not only do I have Christmas lunches, drinks and parties to watch out for, I've also got my birthday to look forward to and I'm heading to New York. But I'm feeling positive and I'm ready to enjoy it. I'll just have to plan ahead, take care and opt for healthier choices – most of the time anyway.

■ Start: 14st 4½lbs  
■ Now: 12st 9lbs  
■ Goal: 10st 7lbs (or as near as)

### WEIGHT LOSS TIP



GETTY

★ Don't wait until January to sign up. There's no time like the present and if you start now you'll hit the ground running in the New Year. I'm a member of Reebok Sports Club (reeboksportsclublondon.com). It's handy for work and the classes are really enjoyable. Spin is a favourite of mine and it earns me between eight and 10 activity points with Weight Watchers. There's a climbing wall there too and I fancy giving that a shot. I'll let you know how I get on next time. There are plenty of other gyms around the Wharf too – Virgin Active and LA Fitness are just two of them.

### DETAILS

■ Caroline attends Weight Watchers at Reebok Sports Club, Canary Wharf. Classes run on Weds and Thurs from 7.30am-1pm. For information about meetings and ProPoints go to [weightwatchers.co.uk](http://weightwatchers.co.uk).

## SLIMMING

### Body by Vi weight loss concept is introduced

★ Those striving to shed pounds ahead of Christmas can learn more about an American slimming programme.

Beverly Rawlings will introduce Wharfers to the Body by Vi concept via 20-minute sessions between 5.15pm and 6.20pm, in the Mont Blanc Conference Room at Reebok Sports Club, today (Thursday).

Email [beverley.rawlings2@btopenworld.com](mailto:beverley.rawlings2@btopenworld.com)

## SWEATY BETTY

### Try yoga, Zumba and circuit training sessions

★ The recent arrival of Sweaty Betty's second Canary Wharf store has brought with it a new timetable of fitness clubs for £14.

The sportswear brand also strives to empower women through free active sessions held at its shops. In addition to its Monday to Wednesday boxing, pilates and dance offerings in Cabot Place, Wharfers can now try out zumba, circuit training and yoga in its Jubilee Place shop. Go to [sweatybetty.com](http://sweatybetty.com) or call into the Jubilee Place shop for details.

# Exercise etiquette is vital for a happy gym environment

GETTY

## WELLBEING



Our fitness guru **Laura Williams** offers some tips on good workout behaviour

**N**ew research from low-cost operator The Gym Group has found gym-goers are getting increasingly peeved by poor etiquette

Whether you've recently discovered the gym or you're a die-hard indoor exerciser, we're here to help you out with those unwritten rules that need to be observed if you're going to keep your fellow fitties on side.



### ■ Loud grunting

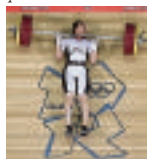
Unless you're competing in a national CrossFit competition, heavy grunting and bellowing is likely to get you unwanted attention.

It's not that it's intimidating, it just feels unnecessary in your average comfy health club. Best to restrict to a teeth clench unless you're lifting very impressively.

### ■ Not wiping down kit

Climbing onto a nicely warmed-up machine is one thing; paddling in someone's else pools of perspiration is another.

Hygiene aside, it's just plain nasty for your fellow users. Take spare towels just in case, and spend a couple of minutes wiping down kit after you've used it.



### ■ Slamming weights down

If you're having to throw large weights to the floor on a regular basis, the chances are they're too heavy.

If you really feel you have no choice, it might be time

to enlist the help of a training buddy who'll spot you, both to help you achieve those last couple of reps that would otherwise prove impossible, at the same time as helping you avoid putting a hole in the gym floor.

### ■ Hogging equipment

Most gyms have time limits for their most popular machines during peak time. If you catch someone waiting for your machine, however, and you've been on it for more than 20 minutes, hop off and let someone else have a go.

This gesture isn't as altruistic as it sounds: varying your machines and workout will provide a much-needed shake up to muscles speeding up both fitness and weight loss results.



### ■ Not putting weights away properly

Leaving dumbbells lying around isn't just a health hazard, it's also pretty annoying if you're the guy or gal who's got a measly half hour for his or her lunchtime workout and doesn't wish to spend it playing dumbbell hide and seek.

Always replace weights on the rack – it'll enhance your own workout too.



Don't let the smiles fool you, cardio competing with strangers is a big no-no

### ■ Talking on the phone

Take a break from round-the-clock communication and leave your phone in your locker.

Not only will the break from your handset do you the world of good and help you to switch off, you'll also be sparing your fellow exercisers the annoyance of over hearing your conversation.

### ■ Changing room exhibitionism

While changing rooms invariably involve some sort of nudity, gratuitous nudity may not win you any friends.

Whatever the reason for

your locker room chums' discomfort, acting as if you're in the comfort of your own home flitting around in the nude discarding towels may raise eyebrows

### ■ Cardio competing

Jumping on a treadmill and eyeing up your fellow runner's speed before attempting to match or improve it is very bad form.

Not only will you probably irritate the guy next to you, this isn't a good way to try and boost your own fitness. Hikes in speed, gradient and distance should be made gradually and consistently, and should be based on a structured training programme – not from trying to out-do the person beside you.



# Travel

## the Wharf TRAVEL CLUB

Bargains and ideas

### Star bargain



★ Voyages Jules Verne is offering a three-night weekend break staying in and around the Arctic capital Tromsø, one of the best locations for spotting the Northern Lights. Price is £1,075pp based on two sharing. Includes flights. Go to [vjv.com](http://vjv.com).

### Rough it in the deep woodland

★ **SWEDEN** Hunger Games fans inspired by *Catching Fire* (out today) can experience their own – far less dramatic – wilderness adventure at Kolarbyn, 100 miles from Stockholm. Here, 12 primitive huts nestle deep in the forest with no electricity or running water. Guests fetch water from a spring, chop their own wood, etc. From £889pp. Go to [sunvil.co.uk](http://sunvil.co.uk).



### Star bargain



★ Classic Cottages is offering a 20 per cent saving on Wallis Barn (sleeps eight), a reversed level barn conversion two miles from the sea, near Helston. A week's stay, arriving Dec 21 December, is now £121pp. Go to [classic.co.uk](http://classic.co.uk).

### Splash out on a rail extravaganza

★ **WORLDWIDE** Stuck for a gift for that special someone this Christmas? You'll need about £19,695pp for this Around the World Anniversary Tour, a 40-day trip across the Northern Hemisphere that includes rail journeys on the Tsar's Gold Luxury train, the Rocky Mountaineer and the Maple Leaf to New York, plus. Go to [ffestiniogtravel.com](http://ffestiniogtravel.com).



# Retreat to this sustainable outcrop in the Med's sun

## MALTA

Gozo might be quiet but that's a perfect antidote to the Wharf's bustle, writes **Kay Lockett**

A maze of sleepy streets wind down to the azure water while luxury limestone farmhouses contrast with a bright blue sky.

Farmer Ricardo grabs his goat by the udder as the bleating animal escapes my haphazard hands. I'm trying to master the squeeze-and-pull to produce enough milk, the raw material for a pungent cheese.

I'm on Gozo, an island of outdoor leisure and gourmet pleasure. At a crossroads of cultural influences, Malta's little sister, which is a short ferry ride across the Med, boasts a rich history of Italian and Arabic influence, steeped in indigenous industries such as goat milking.

I kneel on the dusty paddock, the warm liquid soaking my Converse rather than filling the bucket. Luckily Ricardo is a dab hand, leading us up to his farmhouse kitchen to show us how he makes one of the island's mealtime staples, Gbejniet – two forms of cheese – either fresh, wobbly, delicate and unpasteurised (similar to mozzarella) or hard, strong and potent following time spent in the sun drying on the farmhouse rooftops. The resultant spoils are used to stuff ravioli and fill Gozitan cheese pies.

We proceed to lunch at Ta' Rikardu, once a family home turned wine bar located in the historic old Citadel in Victoria. The simple menu consists of just three things – vegetable soup and platters of ravioli or salad, all made with ingredients from Ricardo's farm. Moving on, relaxed meals are enjoyed leisurely with local wines on the seafront at Xlendi Bay, an idyllic landlocked old fishing port.

Any signs of nightlife were left on the mainland. We dine at Zeffiro Restaurant and it's Lampuki season so we get to sample the delicate white migratory fish, caught in a basket hidden under the dead fronds of a palm tree. These fish start off small and delicate in flavour and as they grow, get richer.

With overly full bellies we meander along windy roads after too many limoncellos, and discover that getting lost is a great way to see the villages and stumble upon street parties.

"If someone pops a cork, they think



Above, Ramla Bay with its paprika red sand. Below, clockwise from left, Kay plants a carob tree as part of an eco drive, the local goats cheese Gbejniet, rabbit stew at Kartell Restaurant



it's the start of a revolution." Darrell our enthusiastic guide had joked as we sat sampling the island's produce prepared by local celebrity chef George Borg.

The charming food genius comes to our farmhouse for an evening on the pool side patio – he barbecues every



delicious animal the island had to offer.

Abraham's Farmhouses in the village of Xaghra are huge, airy, luxury villas crossed with rustic countryside retreat, equipped with private patio and pool, en suite cosy rooms and a rooftop terrace perfect for sunbathing.

## FACTFILE

■ Kay stayed at Inzolia and Girtentina houses of character. Abraham's Farmhouses. The Girtentina farmhouse with two double beds, two single beds and a sofa bed, costs 125 euros per night. Go to [abrahamgozofarmhouses.com](http://abrahamgozofarmhouses.com).

■ Air Malta flies from Gatwick and Heathrow during the summer, with fares from £62 one way. Go to [airmalta.com](http://airmalta.com).

■ Head out on a bike ride or kayak excursion in the Med with Gozo Adventures for about 65 euros. Go to [gozoadventures.com](http://gozoadventures.com).

To cancel out the carbon footprint we made getting there, we spend a morning planting carob trees and learn how the government is pushing to make Gozo an Eco-Island by 2020.

We take in the rest of the sun drenched island by horse and carriage and a kayak trip over to neighbouring island Camino.

Paddling our way to the Blue Lagoon and nearby caves is just one of many adventures that can be found here whether rock climbing up sheer cliffs and rocky coastline or scuba diving in the clear waters.

Pedal power is the transport of choice to explore the coastline, a perfect way to soak up some rays before taking a dip in the pleasant tepid sea at Ramla Bay with its red sand, the colour of paprika.

A three-hour morning mountain bike ride from Gharb Village to the glistening ancient salt pans makes room for more cheese. We lunch at Kartell Restaurant and I sample the rich and traditional rabbit stew and dense chocolate cake that puts me into a contented food coma.

Almost everything you consume is indigenous to Gozo. Because the island is so small and only manages small production yields with not enough to export, its all kept on the island – apart from the jar of sweet tomato paste, goats cheese and salt stashed in my carry on. It tastes better with clear Mediterranean air.

Go to [visitmalta.com](http://visitmalta.com).





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# Notebook

## My quick-fix party ruse deflates like a birthday balloon

**D**ue to financial constrictions and time constraints I have decided to be less extravagant when it comes to Master A's birthday bash.

On previous occasions I have spent not only months preparing for the big event but wads of cash on it, too.

Not this year.

Master A is going to have a shared party with his classmate Molly. A trampoline party at the local sports centre for just 12 of their closest school friends.

No mass catering, no extravagant

décor and theme, no over-priced kiddies entertainers, just a simple back-to-basics party.

The deposit paid, invites went out in the school bags on Monday.

At school pick-up, I could see something was wrong. He kept it together long enough for us to buckle up in the car and then, like a dam bursting, his tears sprang forth and there was nothing I could do to stop them.

There was one minor detail I had overlooked; I hadn't actually discussed any of these plans with Master A.

### WORKING MUM



**TABITHA RONSON**

"I don't want a joined-up party," he sobbed. "Why can't I have my own one like the ones I have had before?"

(Because, Mummy, hasn't the time, energy or disposable income to put one together this year.)

"Because I thought you'd like to have one with Molly."

The story came out in between sobs and snot. According to Master A, he had spent the whole day listening to Molly describing the "Fairy Trampoline party". How everyone would need "to wear fairy wings so that they can learn how to fly"

and how Master A would have to "play the part of the Fairy King".

Unless you're an Oberon in the making what five-year-old boy wants to hear that? No matter how much I tried to convince him that it was a Fairy and Superhero party and as such would be "super fun", he wasn't buying any of it.

I even used the line "when has mummy ever let you down?" but in truth I realised I'd made a wrong call.

*Working Mum, cross that I tried to take an easy option where Master A is concerned, heartbroken that I made him cry.*

## POLITICAL VIEWPOINT

By Lutfur Rahman

### Urgent action required over cycle paths

**T**he past couple of weeks have seen an unprecedented number of cyclists' deaths and serious injuries.

Three of the five cyclists killed have been in Tower Hamlets. My heart goes out to the families and friends of those who have so tragically lost their lives.

It is simply not good enough of Boris Johnson's cycling commissioner Andrew Gilligan to say: "You have to cycle safely at all times. We can only help you so far. We can't take responsibility for everyone's safety."

This is complacent in the extreme. The fact is that three of the tragic fatalities took place along the route of what is euphemistically described by Mr Johnson and Transport for



It is not good enough for Boris to shift the onus onto cyclists

London, as Cycle Superhighway 2 – or what Andrew Gilligan has described as "just a blue line".

Frankly it is not good enough of Boris Johnson to shift the onus onto cyclists, when he has ignored our warnings, and when most of these fatalities and injuries involved a combination of the Cycle Superhighway, lorries and buses.

I have invested over £100,000 to make cycling safer in our borough, but there is only so much our borough can afford to do.

I have asked Mr Johnson as a matter of urgency to make the Bow roundabout safer and undertake an urgent review of the Cycle Superhighway in Tower Hamlets.

Since he also takes pride in being a cyclist, perhaps he might care to join me at Bow roundabout to see what must be done to make it safe.

**Executive mayor, Tower Hamlets Council**



## Wharfinger The long view



▲ **1999 Steve Redgrave and James Cracknell** during the coxless pairs at the Super-sprint Rowing event held at the Regatta Centre at the Royal Docks. A year later Redgrave and Cracknell would win Olympic gold in the Coxless Four along with Matthew Pinsent and Tim Foster. It would be the fifth, and last, gold for Redgrave stretching back to 1984. The bridge crossing the Royal Docks at the eastern end, near Gallions Reach, is now named after the rowing legend.

▶ **1999 HMS London** visits the capital for the last time before being decommissioned. It is photographed here passing Cascades apartments.



## High Five Tech toys



**Henes M7, £999**  
Hefty price tag but has electric power steering, speakers, music dock, LED dashboard and lights.



**Lego EV3, £300**  
Features an infra-red sensor and can recognise, and react to, different colours. App controlled.



**Teksta, £48.49**  
Through your gestures, you can get your 'pet' walking, talking and reacting to sounds, lights and movement.



**Bop-it Tetris, £24.99**  
Light-up based game challenges you to match the addictive Tetris blocks with increasing speed.



**Battorborgs Battle Arena, £69.99**  
Two bots, controlled by you, via nunchuck devices which mimic your movements.

## SPIRAL NOTEBOOK

By Giles Broadbent

### Cable car is a long-term investment

**S**tanding at the window of The Crystal at the Docklands Business Club awards, we looked down the length of the Royal Docks and into the future repository for growth for London and, perhaps, Europe.

With billions of pounds of investment focussed on this length of waterway, serviced by its own airport, supplemented with its own conference facilities and with the Crystal itself as the bookend, there was little reason to be anything other than optimistic.

It is why I still believe the Emirates Air Line is a great (if long-term) investment. Fans of the cable car could hold their AGM in one of the gondolas with room for a buffet table but



The area would benefit from a spur from the Jubilee line too

we remain firmly in the "if you build it, they will come" brigade.

I will concede that it was built a few years too early (probably as a curtain raiser to encourage Siemens to be the "anchor store" in the Royal Docks enterprise zone). But viewed as an adjunct to the Crystal, as a showcase of future technologies and a "hub link" (more like an office elevator or vast Segway than a commuter transit facility) it makes sense.

Indeed, once the Royal Docks flourishes like Canary Wharf, there is an argument to suggest that the area would benefit from a Jubilee line spur, diverting from North Greenwich, stopping north of the Victoria Dock and linked up (again) with Crossrail.

If nothing else, the cable car acts as a reminder to any indolent powers-that-be that the sooner this potential is

un-dammed, the better.

Follow Giles Broadbent on Twitter @MediaGulch





# Business<sup>extra</sup>

## Best in the business

Photographer **Ben Broomfield** captures the Docklands Business Club awards at The Crystal



## Begin with the right connections

### EXHIBITION

ANGELS will be walking the corridors and dragons patrolling the exhibitors as the 30th Business Startup Show comes to Olympia on November 28-29.

As well as an opportunity to network and learn from the experts, there will be Midas Touch, a live competition where 24 contestants take it in turn to sell their idea, and Angels' Den which will be offering funding clinics, tips and feedback on the world of the pitch.

Keynote speakers include David Gold, co-chairman of West Ham, Sir Tom Shebbeare, chairman of the new Virgin StartUp, Lucy Tarleton, director at the London Stock Exchange, Rachelle Headland, managing director at Saatchi and Saatchi, and Dara Nasr, head of agency sales for Twitter.

The show will feature 250 seminars, 350 exhibitors, 10 workshops and 25,000 business, including *The Wharf*. Tickets are free from *bstartup.com*.



**Businessman**  
**David Gold**

### ROLL OF HONOUR

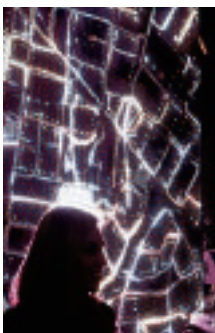
The great and the good of the east London business world convened at the Crystal in Newham's Royal Docks last week.

The annual Docklands Business Club and East London Chamber of Commerce and Industry awards gave recognition to those who have had a great 2013.

The winners were:

- The Crystal Award for Sustainable Innovation in Business **Rooff Ltd**
- New Business of the Year **Doggie Delights**

- Business Growth **A1 Pharmaceuticals**
- Leadership in Staff Training & Development **New Beginnings Nurseries Ltd**
- Leadership in Customer Focus **LanguageLine Solutions**
- Female Entrepreneur of the Year **Dawn Sandoval**
- Small Business of the Year **New Beginnings Nurseries**
- Business of the Year **A1 Pharmaceuticals**
- The Wharf Businessperson of the Year **Richard Alvin**



Chairman of the Docklands Business Club Janette Withey, above, hosts the annual awards at The Crystal by Royal Victoria Dock

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**David Gold**

**David Gold** is Chairman of Gold Group International incorporating Ann Summers, Gold Aviation, Knickerbox, Greenwich House Properties, York Place and West Ham United Football Club.

From beginnings of extreme poverty, shrugging aside numerous setbacks along the way, David Gold is now one of Britain's most successful businessmen.

Proving that you don't need money to make money, David will host a Q&A session outlining his rags-to-riches tale and explain how he succeeded in business after growing up in abject poverty. This is sure to be an inspiring seminar, with the opportunity to steer the conversation of one of Britain's top business minds so that you can learn from the best



**Brad Burton**

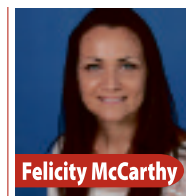
Don't let the jeans, tattoos and t-shirt fool you, **Brad Burton** is a true entrepreneur!

Brought up on a council estate, he's got no qualifications, spent years on dole and started his first business in 2006 with £25,000 of personal debt.

He delivered pizzas to keep his start-up business afloat and his dream alive. That business, **4Networking** revitalised a once tired UK business networking scene and now dominates it by running over 6,000 events each year!

Sometimes provocative. At times hilarious. **ALWAYS** Inspiring.

Brad will change the way you approach your life and business forever. Be sure to arrive early, it's **ALWAYS** a lock out!



**Felicity McCarthy**

**Felicity McCarthy** is Head of Small & Medium Business Marketing Communications EMEA at **Facebook**, where she strives to educate and inspire small & medium sized businesses about how to use Facebook to market and grow their companies.

Felicity joined Facebook in 2010 and was previously at eBay Ireland, where she was Marketing Manager responsible for driving a high growth demand generation strategy.

Felicity will share the opportunity Facebook presents for small businesses to leverage the power of the social network to drive their main objectives, whether that's driving online sales, or traffic to your store. This session will include some top tips for success on **Facebook**, sharing some great examples from UK businesses.

Advertisement Feature



**Doug Richard**

**Doug Richard** is a serial entrepreneur and Angel investor as well as a former **BBC Dragon**. Starting his career in Silicon Valley he started and sold two companies in California before moving to Cambridge and co-founding the successful investment society, the Cambridge Angels. He now dedicates his time to running School for Startups, a social enterprise dedicated to training and supporting entrepreneurs and helping small businesses around the world thrive.

Doug will take you through his key steps to startup success and will be answering any and all of your questions, so if you've got a business to grow, or a burning question about your startup, come along for some clear, candid and jargon-free advice.

All of these speakers, and many more, will be at **THE BUSINESS SHOW**, at Olympia, London, on the 28 & 29 Nov 2013. There is a **LIMITED number of FREE TICKETS** available. Don't miss out on one of the UK's **BIGGEST** Business events...

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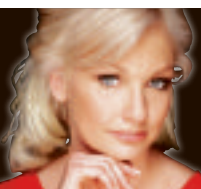
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## Stars

With Claire Petulengro



### AQUARIUS

JAN 21-FEB 19

For more call 0905 817 2070

Your job is to play the role of supporter right now. Doing so can prove to a close one that they really are a priority in your life. Dress well to get ahead.

### PISCES

FEB 20-MAR 20

For more call 0905 817 2071

That feeling that you're stuck in a rut is not for nothing you know Pisces. It's clear to see that big changes are in your future but you must take steps.

### ARIES

MAR 21-APR 21

For more call 0905 817 2060

Love makes it hard for you to feel angry at someone who has not been treating you with respect. Try to have more self respect. You're worth more, Aries.

### TAURUS

APR 22-MAY 21

For more call 0905 817 2061

Time spent with faces from your past helps you to smile again. You start to look at life as if the glass is half full instead of half empty and about time too.

### GEMINI

MAY 22-JUNE 21

For more call 0905 817 2062

New attractions put the spring back into your step again. The stars line up to put the fun back into your life. Beware an ex who is making you miserable.

### CANCER

JUNE 22-JULY 23

For more call 0905 817 2063

Try to have a little more belief in who you are and what you stand for. Life is for living, so don't hold back and just exist. Happiness awaits you.

### LEO

JULY 23-AUG 23

For more call 0905 817 2064

You seem to have become far more competitive in recent days, but careful that you don't cast yourself in a selfish light. Time spent with Gemini is a delight.

### VIRGO

AUG 23-SEPT 23

For more call 0905 817 2065

A close one feels as if you are shutting them out and they'd be right. Try to work on the fine art of communication. There is no better time for chin-wag Virgo.

### LIBRA

SEPT 24-OCT 23

For more call 0905 817 2066

A more youthful outlook on life the stars are showing you can see many of your sign considering major life changes and moves. The time is right.

### SCORPIO

OCT 24-NOV 21

For more call 0905 817 2067

You're tired and unless you give yourself some well deserved time and space to relax you are going to risk burnout. Arrange something purely for you.

### SAGITTARIUS

NOV 22-DEC 22

For more call 0905 817 2068

A relationship in your life has come to a standstill and you may find yourself talking to everyone but the person concerned. Not a good idea Sagittarius.

### CAPRICORN

DEC 23-JAN 20

For more call 0905 817 2069

Cancelled plans make way for much better options, so try not to feel down but look at the bigger picture. Time spent with friends reveals a new admirer.

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## Dinner and a Movie



★ Fancy winning dinner and a movie for you and a friend? And then perhaps share out the contents of your goodie bag full of merchandise from *The Family*. We've teamed up with West India Quay's Via and Cineworld West India Quay to offer two burgers, two bottles of Budweiser (or a bottle of wine), a pair of

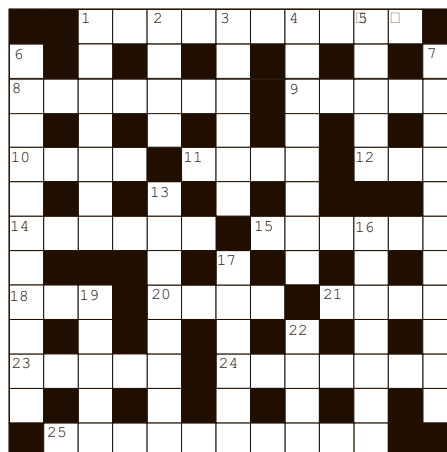
tickets to the cinema and a goodie bag which includes a baseball cap, mouse mat and luggage labels among other stuff. To be in with a chance of winning, just tell us the name of the head of *The Family*, pictured with his screen daughter.

Email your answer to [newsdesk@wharf.co.uk](mailto:newsdesk@wharf.co.uk) with "Movie Night" in the subject

line. The closing date for entries is November 26, 2013. You must include your name and postal address.



## Crossword



### ACROSS

1. Feeling of pleasurable respect (10)
8. Result (7)
9. Cutlery item (5)
10. Song of praise (4)
11. Settee (4)
12. Mesh (3)
14. Somewhat (6)
15. Erse (6)
18. Signal agreement (3)
20. Portent (4)
21. Hair from sheep (4)
23. Proverb (5)
24. Imprecise (7)
25. One with outstanding intellect (10)

### DOWN

1. Try (7)
2. Earth's satellite (4)
3. Antelope type (6)
4. Subtract (4,4)
5. Cooking bulb (5)
6. Wife's mum (6-2-3)
7. Express with gestures (11)
13. Replant with trees (8)
16. Gymnast's costume (7)
17. Denoting older people (6)
19. A play (5)
22. Delicatessen, in short (4)

ACROSS: 1. Admiralty; 2. Attempt; 3. Rhinoceros; 4. Take away; 5. Onion; 6. Mother-in-law; 7. Gesticulate; 8. Nod; 9. Net; 10. Hymn; 11. Sofa; 12. Nite; 13. Rather; 14. Mesh; 15. Gaelic; 16. Wolf; 17. Senior; 18. Reformer; 19. Dharma; 20. Omen; 21. Wool; 22. Deli. DOWN: 1. Try; 2. Moon; 3. Antelope; 4. Minus; 5. Lightbulb; 6. Mother-in-law; 7. Express; 8. Replant; 9. Gymnast's costume; 10. Portent; 11. Gestures; 12. Sheep; 13. Proverb; 14. Imprecise; 15. One with outstanding intellect; 16. Gymnast's costume; 17. Denoting older people; 18. Signal agreement; 19. A play; 20. Omen; 21. Wool; 22. Deli.

## Sudoku

### EASY

		2		9		6	1
6	4		3		9	2	8
1		7	6	2	3		
	8	9	1	4		5	6
2			5	3	1	8	9
5	1	6		8			3
7	2	8	9	3	6	5	4
9	6	1	7	4			
4		3		2	1	9	7

### HARD

4		9					1
5			6		8		
	2		4				9
		2			8	9	
							6
	9	6	8		1		5
			7	5	9		3
	1		6				
3	5						

### GUIDE

In order to complete Sudoku, readers should fill in each of the grids so that every column, row and 3x3 box within the squares to the left contains the digits 1 to 9. No repetition of digits is allowed within any of the sequences. Why not time yourself and see whether you can beat your best with next week's puzzles?

The Wharf's Sudoku puzzles are supplied by [sudoku-puzzles.net](http://sudoku-puzzles.net)  
For more free brain teasers including Futoshiki, Nonogram and Samurai, go to the website

TERMS AND CONDITIONS: Astrology calls cost 75p per minute and last approx 4mins. Psychic calls cost £1.50 per minute from BT landlines (other networks may vary). Calls from mobiles may be higher. Psychic lines are open 7am-2am daily. Callers must be 18 or over and have the bill payer's permission. All calls are recorded. Texts cost £1.50 per message and may take two messages. For entertainment purposes only. Customer services 0800 140 9049. PhonePayPlus regulated. SP, Pronto Media, PO Box 199, Selby, YO8 1BP



## Sport

## Richmond run out the victors

**RUGBY** Despite dominating for parts of the match, Blackheath were unable to make the effort count, going down 25-18 to Richmond.

While the visitors never offered much danger in open play, the perfect boot of Rob Kirby was the instrument of Blackheath's woe and gave the Surrey club only their third victory of the season.

Blackheath's next match takes them to Oxfordshire to face Henley Hawks. Kick-off on Saturday is at 3pm.



Blackheath's Bertie Haskins is brought down with the ball

# Johnnie's keen to negotiate a new contract

## CHARLTON

Addicks captain says that he's enjoying football more than ever

Rob Virtue  
@wharf.co.uk

**C**aptain Johnnie Jackson is one of a number of Charlton stars out of contract next summer and the Addicks captain has said he's keen to sign an extension.

The 31-year-old, who has been at the club since 2010, said this week he was keen to prove to the board over the next few weeks he was worth a new deal.

"It is up in the air but I would love to stay," said Jackson. "They have not sat down with me yet but I love it here and always have done since I joined. I am captain now and I am enjoying my football more than ever."

"This has been the best part of my career and I want that to continue. I have still got a lot of football left in me."

Charlton manager Chris Powell is another who has stated his desire to extend his contract – also finishing this summer. However, his focus is on Saturday's clash at Queens Park Rangers, before returning to The Valley three days later for the rearranged clash with Doncaster Rovers.

The club is hoping the international break has allowed Yann Kermorgant and Richard Wood time to prove their fitness.

QPR v Charlton, Sat, 3pm.



Jackson celebrating Charlton's League One win

## Weekend Flutter

### RACING

■ The Betfair Chase at Haydock on Saturday looks a corker, and at 8-1, **Cue Card** looks the each-way value.

Colin Tizzard's runner marched to Grade 1 success at this year's Cheltenham Festival. With ground likely to suit, the step up to three miles can see him put in a big performance.

Ed Quigley

### FOOTBALL

■ Hull and Crystal Palace both came up from the Championship last season but only one looks like staying in the Premier League.

Palace have lost nine of their 11 top-flight fixtures, while Hull have beaten Norwich, West Ham and Sunderland at home and can land another win here.

Mark Langdon

## Fifth win in a row for Lions

### BASKETBALL

LONDON Lions have made it five consecutive BBL Championship wins in a row, beating One Health Sharks Sheffield 78-55 at the Copper Box and condemning their opponents to their first defeat in five outings.

Lions boss Vince Macaulay said "a very focussed week of practice" was behind the convincing win.

The Surrey Heat are next up in the Box on Sunday. Tip-off is at 4pm.

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RACING POST

For daily expert advice, top tips and the latest news from our experts go to racingpost.com



# Irons target yet another striker

ANOTHER week, another possible striker option. The latest prospect to join the list is Besikas forward Hugo Almeida.

Almeida, 29, pictured, has scored 17 goals for Portugal and the 29-year-old has netted 39 times in 87 appearances in Turkey. Before that, he was just as consistent with Werder Bremen, with 63 goals during his five seasons at the club.

Felipe Caicedo, Alfred Finnbosson, Adebayor, Demba Ba, Jordan Rhodes and Jermain Defoe have been mentioned as temporary replacements for Andy Carroll while those bought by the club find fitness. Meanwhile teenage England Under-19 striker Jaanai Gordon has been taken on trial from Peterborough.

Carlton Cole, another option, has scored in two friendlies, against Gillingham and Millwall. The former was a hammering and the latter a draw at the Boleyn Ground, but defender Dan Potts said the international break had been put to good use.

He said: "It's always good to have these types of matches in place. You want to keep ticking over, keep that match fitness up."

"You can train all you like but when there aren't games there's nothing that you can do to resemble what you do in a game."

West Ham come out of the break with the challenge of two West London clubs heading east. First is the formidable Chelsea looking to reinforce their title credentials and at the end of the month, a newly-revived Fulham.

**Giles Broadbent**

West Ham v Chelsea, Sat, 5.30pm.



GETTY

## THE FANS' ROAR

By Ian Toal



Millwall Supporters Club



## Will hard training pay off?

**D**espite it being international week the team have been busy down the training ground trying to put things right for our next match this Saturday when we entertain Barnsley at The Den.

The club are making a big thing of this game in that the team have sought dispensation to wear our white away kit so they can tie in with Prostate Cancer UK's Heroes in White campaign.

We'll be hoping the players live up to that billing and are heroes on the pitch, getting the victory we desperately need.

It isn't just in training that the players and staff have been working hard. A strong Lions team took on similarly strong West Ham side in a behind closed doors friendly at Upton Park last Friday and we came away with a credible draw.

Andy Keogh and Richard Chaplow were on target for the Lions while Carlton Cole and a triallist scored for

the home side. This was a valuable exercise as it gave match time for our returning players.

One player making his first start for a Millwall team was 28-year-old French midfielder Guy Moussi who signed on loan last week until January 2 from Nottingham Forest as a replacement for Shaun Derry. Moussi has found first

three central midfielders.

Another midfielder, Josh Wright, moved out on loan this week joining Leyton Orient until January 2.

Wright is on high wages so it has been hard to ship him out until now despite it being clear he did not feature in Lomas' plans.

Wright has bundles of skill but lacks the physical presence to impose himself on the opposition.

Our international Lions were not as active on their duty for their respective countries as they might have hoped. Jermaine Easter warmed the bench for Wales against Finland.

Republic of Ireland manager Martin O'Neill picked his old Sunderland keeper Kieran Westwood to start against Latvia last Friday ahead of David Forde. But Forde did start against Poland on Tuesday night and kept a clean sheet. Who is first choice remains to be seen.

Millwall v Barnsley, Sat, 3pm.

**“**West Ham friendly gave returners a decent run-out**”**

team opportunities limited this season at Forest but has still made 139 appearances since joining from Angers in 2008. Moussi is 6ft 2ins and looks a powerful holding midfielder.

It will be interesting to see if Lomas starts Moussi ahead of Abdou who looks most under threat out of the usual

## the Wharf LEAGUE

### RESULTS

#### DIVISION ONE

Bayer Neverlusen	5
Cavendish Allstars	8
Carlos Has The Eyes About	13
Camden Pathway FC ●	10
Landas Pandas	0
Docklands Saints	8
Athletic Pasty	7

#### DIVISION TWO

Le Coc FC	10
Jubilee Utd	10
Vac	0
The Wharf FC	10
Pavilion Casuals ●	15
PCFC	10
We Got No Fans	11
Bathalona AFC	8

#### DIVISION THREE

Mentor	12
Syniverse	1
Centrepont	2
Wide FC	6
Efan Ekoku's Elite	12
FC Hangover ●	8
ISS Tigers	12
Newport Dodgers	6

Last games on October 23.

● = Current league leaders.

The league is played at Crossharbour

Powerleague (powerleague.co.uk.)

# "Success is all about creating a team with the right formula"

**Thembalath Ramachandran,**  
CEO and Managing Director of Bristol Laboratories Ltd.

For Bristol Laboratories Ltd. working with Jobcentre Plus enables them to hire new talent as their UK manufacturing needs grow. To discover how Bristol Laboratories benefited from government support and how you can too, visit [www.greatbusiness.gov.uk/lead](http://www.greatbusiness.gov.uk/lead)

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Computer generated image of development from the corner of Stebondale Street and Glengarnock Avenue, Isle of Dogs, E14.

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\*Prices correct at time of going to press.

  
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# PROPERTY

Wharf

Canary Wharf's leading property guide



A decade on and we're eager for more

P19

Chains, links and firm offers on your home

P19

# 3

of the best properties available in London

P18



## If views are a must we've got the flats

Perfect vistas whether you're renting or buying a property [Page 20](#)

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# 3 OF THE BEST

## Splash out



**Guide: £1,495,000**

New Inn Street, EC2A

A two-bedroom, two bath warehouse conversion with bags of natural light and industrial features.

stirlingackroyd.com

## Spend more



**Guide: £450,000**

Cricketfield Road, E5

A two-bedroom garden flat converted from a period property. Close to Hackney Downs station for links to the City.

stirlingackroyd.com

## Spend less



**Guide: £250,000**

Big Hill, E5

A one-bedroom flat nestled between London Fields and Victoria Park. Close to Bethnal Green Tube. Good first buy.

stirlingackroyd.com



For more properties on sale now in London, go to [stirlingackroyd.com](http://stirlingackroyd.com)

# Buy now or miss out says builder

**Beth.Allcock**  
@wharf.co.uk

APARTMENTS within walking distance of Canary Wharf have proved a hit with east London's buyers, clocking up 50 per cent of sales in just eight weeks.

Purchases of one, two and three-bedroom properties at The Boatyard in Poplar, E14, have surpassed the expectations of developer Telford Homes.

The first of its residential buildings at the scheme – The Boathouse – recorded the impressive sales statistics. Off-plan reservations and apartments are now being released in limited numbers to cope with demand.

David Campbell, group sales and marketing director at Telford Homes, said: "We have had a record number of UK based purchasers purchasing properties off-plan, from first-time buyers to professional investors who are drawn by the opportunity for capital growth and strong yields of around six per cent.

"Many aspiring homeowners have witnessed prices rising in London over the past six months and are concerned that if they don't buy now, they won't be able to secure a well located and priced property."

The Boatyard's 75 properties, which span The Boathouse and The Clubhouse buildings in Cotall Street and Stainsby Road, offer views across



Left, an artist's impression of how The Boatyard in Poplar, E14, will look when it's completed. Half the flats within have already been sold

## How have sales at the scheme been going so far?

"We have had a record number of UK based purchasers purchasing properties off-plan, from first-time buyers to professional investors who are drawn by the opportunity for capital growth."

David Campbell

Bartlett Park, Limehouse Cut, Canary Wharf and beyond.

The area has benefited from an investment boost, including a £1billion cash injection linked with London 2012 and the opening of Westfield Stratford City. A DLR station allows connections to the latter in less than 10 minutes, with Wharfers able to take the train to work or opt for a stroll to the office.

Prices start from £365,000 for a two-bedroom apartment with first completions expected in spring 2015.

For more information, register at [telfordhomes.plc.uk/the-boatyard](http://telfordhomes.plc.uk/the-boatyard).

# Last chance to snap up a Lime Wharf three-bed

Off-plan sales rush means there's only one property left at this development

**Beth.Allcock**  
@wharf.co.uk

**P**roperty hunters seeking a spacious pad will have to act quickly to secure the final apartment at Lime Wharf.

Just a single, three-bedroom home remains at the sleek waterside development in Hackney and its the largest one, boasting 1,195sq ft of space and 8sq m of balcony overlooking landscaped gardens.

Combining chic architectural style by Stephen Davy Peter Smith with a calm haven among one of London's most vibrant conservation areas, the development represents a transformation of the Rosemary Works warehouses with residential combined with a ground floor commercial workshop and studio spaces.

Developer Currell Residential believes the apartment could be perfect for downsizers, people working from home or those looking for an investment opportunity.

Anne Currell, the firm's managing director, said: "Rarely do new opportunities arise to live right next to the canal and this has been reflected by the off plan sales success we have seen at Lime Wharf.



A show home interior at Currell Residential's Lime Wharf development

"The remaining three-bedroom apartment is well suited to those who require a little more space and who want to live in this thriving, well connected area."

Outside, the development's landscaped courtyard gardens have been created using materials including wood and stone to reflect

the leafy surroundings. And natural light is allowed to flow through living spaces and bedrooms courtesy of expansive glazing, with the apartment offering brilliant white finishes, light oak wooden flooring and glossy Symphony kitchens with dark quartz work surfaces.

NEFF appliances, tiled white

bathrooms and built-in bedroom wardrobes continue the element of chic throughout.

Wharfers commuting in will benefit from the apartment's close proximity to Haggerston Overground station, offering a link to E14 in 20 minutes. The remaining unit costs £785,000.

Go to [lime-wharf.com](http://lime-wharf.com).



# We are ready for the next 10 years

Firm celebrates a decade of business at its Surrey Quays office

Kay Lockett  
@wharf.co.uk

**A** market leader in sales and lettings and recipient of the People's Choice award at this year's Wharf Property Awards, Holland Properties is celebrating 10 years in Surrey Quays.

The company started out 15 years ago in Docklands and opened a second office near Canada Water to cater for Wharfers looking for cheaper properties with more to offer, only one stop away.

Director Selina Westerman, who set up the firm's second office, said: "Our Surrey Quays base is big in terms of lettings but there is a lot of competition in the area."

"We mainly rent out one and two-bedroom flats and also there is a big student market, so we rent four or five-bedroom houses to them."

"Over the next 10 years I think there will be more growth and also in the surrounding areas such as Deptford and New Cross."

"Ten years ago no-one would have



Holland Properties' Selina Westerman, left, and Andy Christou are excited about east London's future

wanted to live in those areas – but they are attracting first-time buyers – you get more space for your money and can find something like a Victorian conversion with a garden."

Director Andy Christou said: "I moved here 23 years ago when there was one tower and nothing else – the area has seen huge change."

"We are excited by the arrival of Crossrail – it is making a difference to prices as there are only a few years left until its arrival and people are more clever than they used to be."

"They are looking to invest in these



KAY LOCKETT

areas before it comes and get ahead of the market."

"The Olympics boosted the property market in east London. The feel-good factor while the Games were here and the development of the infrastructure in the area was much needed as it was one of the most deprived areas."

"The DLR extensions and the Jubilee line have brought more people here too. Schools were lacking in Docklands but there are now good schools opening up and that means Wharfers don't have to move away when starting a family."

"Now there is a problem with a lack of family houses – these homes are at a premium."

"People are drawn to Surrey Quays and Docklands to live as most of the properties are new and mid range – they are affordable."

"Canada Water is only one stop from Canary Wharf but is around 20 per cent cheaper to buy and rent there."

"On the rental side of things, business has always been steady. There has been an increase in rentals in the last five to seven years and that is still moving upwards."

"But in the last three years sales have really picked up and we have probably doubled our sales turnover every year during those three years – so that shows which direction the

**10**  
Years since  
company's  
Surrey  
Quays  
opening

sales market is going in.

"People now have more access to funding. The Help To Buy scheme is increasing the number of first time buyers and more families are helping their youngsters with deposits too."

"There are so many new builds popping up around Canary Wharf and Docklands – the City Pride scheme, Hertsmere Road, The Water Gardens in Canada Water and Wood Wharf – there is constant growth – the only issue is most of the new properties are being sold abroad."

Holland Properties is looking forward to the next 10 years and hopes to grow and expand. It is looking to open an office over in Spitalfields and one in Wapping next year.

Andy said: "We are still here 15 years on because we budget well and we have been on the island so long we have repeat customers."

"We do a lot of networking and I think people like dealing with a more family run type of business rather than a corporate one."

"We help people regardless if we make any money out of them or not – we offer an extra level of personal service."

Go to [hollandproperties.co.uk](http://hollandproperties.co.uk) for more information and details of available properties.

## Buyers start moving in

THOSE buying properties within the Olympic Park through the shared ownership scheme will start moving into their new homes in the next few weeks.

Triathlon Homes is providing the affordable housing for East Village, which is where stars of the 2012 Games stayed last summer.

The properties have since undergone a full refurbishment.

In total 348 homes on the site are available from Triathlon on a shared ownership basis. Buyers can get a 25 per cent share from £67,500.

Apartment sizes range from one to three bedrooms.

Go to [triathlonhomes.com](http://triathlonhomes.com).



An East Village interior



### Do I wait for a buyer who isn't in chain?

**Q** I am selling my property and buying something larger by moving out of London. However, I have a predicament. I have had my offer on my dream home accepted subject to me selling and I have an asking price offer on my property from a buyer that also needs to sell although he has a first-time buyer lined up for his.

To make things even more complicated the sellers at the house I am buying are also buying. Do you think I should accept an offer from a buyer in a chain or keep the property on the market in the hope that a cash or chain-free buyer comes along?

**A** Unfortunately a good deal of property sales and purchases go hand in hand with the dreaded chain.

While this is never ideal if the offer on your home happens to be acceptable then you would be foolish to dismiss it just because they have to sell.

My best advice is that you get yourself a very good solicitor who, along with your estate agent, will check the chain and then manage things as you all proceed towards exchange and completion.

Being in a chain can slow down sales and purchases because everyone is reliant on everyone else performing as they should.



Beware chains but stick with one if the offer is a good one for you

Overall buying and selling is fraught and bad situations can arise even with cash or chain-free buyers with no complications simply because of other issues that pop up along the path to exchange, so there is no real security with either type of buyer.

All you can do is ensure you have a committed buyer eager to push things forward and finish the deal.

Dawn Sandoval MNAEA is an independent property consultant working in the Canary Wharf area – call 020 7093 1702. Every effort is made to ensure the accuracy of comments given. Individual cases must be studied by a solicitor. Email questions to [newsdesk@wharf.co.uk](mailto:newsdesk@wharf.co.uk).



**Iona Tower, London, E14**

Guide: £550,000

This is a three-bedroom triple aspect apartment located within a new high-spec development.

The property has been finished to a very high standard and features a large reception room with spectacular panoramic views towards the City, Canary Wharf and the Thames.

Further benefits include a private balcony, open plan fitted kitchen, a large master bedroom with access to en suite, a second double bedroom, a contemporary three piece family bathroom and a third bedroom that could also be used as a study.

The development also features a residents roof terrace, secure underground parking and a day time concierge. The property is located a short walk from Limehouse DLR and Canary Wharf.

Call Lourdes Estate Agents on 020 7538 9255 or go to [lourdes-estates.com](http://lourdes-estates.com).


**Pan Peninsula, E14**

£670 per week

This high specification apartment is situated in the highly sought-after Pan Peninsula development, conveniently located in an extremely sophisticated central location.

It is moments from the abundance of shops, restaurants and transport links of Canary Wharf.

Enjoying light open-plan living space with floor-to-ceiling windows, this spacious apartment comprises a

reception/dining area with captivating panoramic views over the city skyline and a kitchen that is built to a high specification.

A sizeable master en-suite with fitted wardrobe has access to a balcony while the second double bedroom has ample storage space. A separate full bathroom completes the accommodation. There's also a 24-hour concierge service and on-site leisure facilities including a spa, cinema and rooftop cocktail bar.

Call Benham and Reeves Residential Lettings on 020 7517 6088 or go to [brlets.co.uk](http://brlets.co.uk).


**Vogans Mill, 17 Mill Street, SE1**

Guide: £3,750,000

This is a breathtaking modern penthouse set over three floors, with panoramic views across the Thames and the City.

Extending over the 16th, 17th and 18th floors of this landmark conversion Vogans Mill, this 3,045sq ft apartment is beautifully appointed and is a fantastic example of contemporary living.

The living area occupies the entire 17th floor, with floor-to-ceiling windows offering views towards the landmarks of the London Eye, Tower Bridge, The Shard and Canary Wharf. Balconies are accessible from every floor and stretch round all sides of the property to give views in all directions. Nearby transport links include Tower Hill, London Bridge and Bermondsey stations.

Call Stirling Ackroyd on 020 7940 3888 or go to [stirlingackroyd.com](http://stirlingackroyd.com).


**Neo Bankside, SE1 (including parking)**

Guide: £2,450,000

This is a breathtaking vista from a simply breathtaking apartment. Laid out over the 10th floor of Pavilion C in Neo Bankside, with stunning direct views of the Thames and the City, it boasts an internal area of almost 1,800sq ft and show stopping vistas visible from every main room.

The property features three bedrooms, two large bathrooms and a grand reception area that benefits from a modern open plan kitchen. The finish of the apartment is impeccable with natural wood, bright white high specification kitchen units and high end luxury bathrooms. Neo Bankside is a stunning piece of modern architecture and enjoys one of the most prominent riverside locations in this vibrant, highly sought after area.

Call Madley Property Sales Team on 020 7378 0644 or go to [madleyproperty.com](http://madleyproperty.com).


**Knights Tower, SE8**

£395 per week

This is a luxurious apartment situated in a popular development at the heart of the Canary Wharf area, close to local amenities and transport links to the West End.

Located in a popular riverside development to the West of the Cutty Sark in Greenwich, moments from Greenwich Square, it is just 11 minutes from Canary Wharf via the DLR.

Ideal for young professionals, it enjoys

envious panoramic views over the Thames. The accommodation comprises a light and open-plan reception/dining area with sleek wooden floor and access to a sizeable balcony and a kitchen with integrated appliances.

Two double bedrooms (master with en-suite shower room) enjoy fitted wardrobes. The second bedroom is flooded with natural light. Further benefits include a daytime porter and private underground parking.

Call Benham and Reeves Residential Lettings on 020 7517 6088 or go to [brlets.co.uk](http://brlets.co.uk).



# a view to wake

Sometimes it's one aspect of a property that tips the balance in its favour so we've challenged agents to showcase their best

# UP TO



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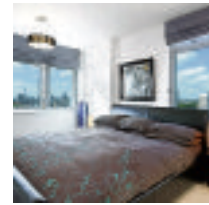


#### **Iona Tower, London, E14**

A three bedroom triple aspect apartment located within this new high specification development. The property has been finished to a very high standard and features a large reception room with spectacular panoramic views towards the City, Canary Wharf and the River Thames. Further benefits include a private balcony, open plan fitted kitchen, a large master bedroom with access to en suite, a second double bedroom, a contemporary three piece family bathroom suite and a third bedroom which could also be used as an ideal study/office. The development also features a residents roof terrace, secure underground parking and a day time concierge. The property is located a short walk from Limehouse DLR station and Canary Wharf.

**£550,000**

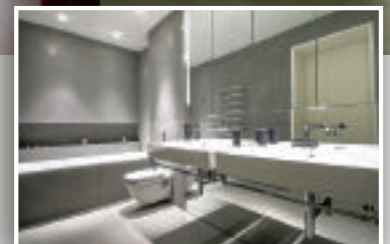
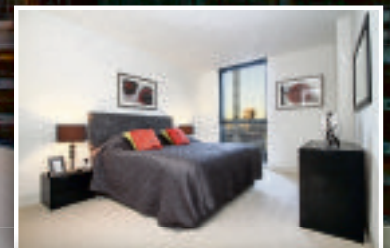
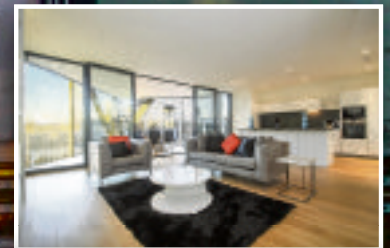
EPC - B



96 Three Colt Street, Limehouse, London, E14 8AP  
enquiries@lourdes-estates.com



## **Neo Bankside SE1, 3 Bedroom, 10th Floor apartment £2,450,000 including parking**



### **A breathtaking vista from a simply breathtaking apartment!**

The apartment is laid out over the 10th floor of Pavilion C in Neo Bankside, with stunning direct views of the River Thames & the City. It boasts an internal area of almost 1800 square feet and has show stopping views from every main room. The property features 3 bedrooms, 2 large bathrooms and a grand reception area which benefits from a modern open plan kitchen. The finish of the apartment is impeccable with natural wood, bright white high specification kitchen units and high end luxury bathrooms.

Bankside, Southwark and London Bridge are among some of the most exciting and dynamic areas in London. Neo Bankside is a stunning piece of modern architecture, with its steel braces and clear glass, it enjoys one of the most prominent riverside locations in this vibrant, highly sought after area.

For more information call the Madley Property Sales Team on 020 7378 0644 or email [info@madleyproperty.com](mailto:info@madleyproperty.com)







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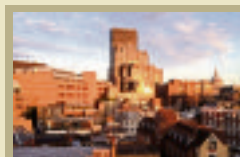
**Windmill Lane, Stratford**

Two bedroom first floor apartment, Furnished  
Off street Parking  
Short distance from Stratford station  
**Available Now £315 p/w**



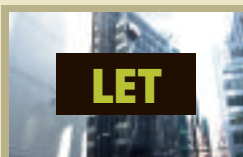
**Manorfields, Putney (Balliol)**

Spacious three bedroom apartment, Unfurnished  
Recently refurbished  
Allocated parking  
**Available Now £625 p/w**



**Long Lane, London**

One bedroom apartment, furnished  
Centrally located  
Walking distance to tube station  
**Available end of November £395 p/w**



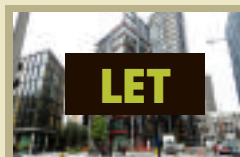
**The Heron, Moorgate**

Studio Apartment, Furnished  
24 Hour Concierge  
Use of communal gym, cinema, bar and terrace  
Close to Moorgate Tube Station



**Wick Lane, Old Ford**

Modern two bedroom apartment, Furnished  
Balcony overlooking Olympic stadium  
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Allocated parking



**Sumner Street, London**

Spacious one bedroom third floor apartment. Fully furnished and beautifully presented. 24 Hour concierge service Short walk from Southwark tube station

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- > Panoramic views across River Thames & the City

**£3,750,000**



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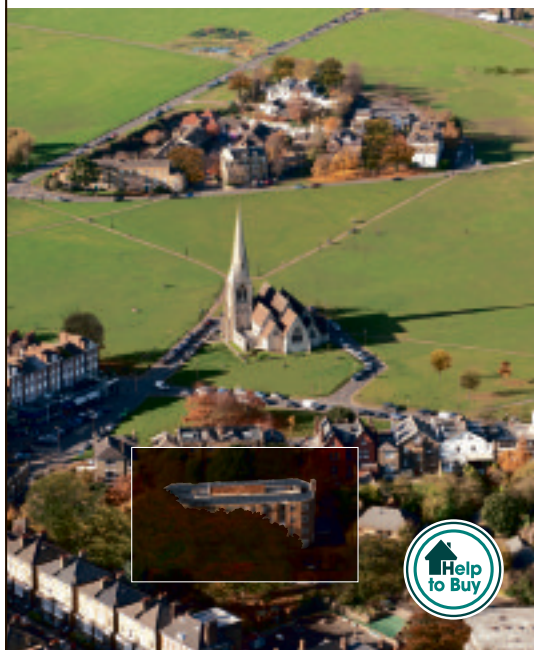
Please contact our Bankside Office on 020 7940 3888 or [se1@stirlingackroyd.com](mailto:se1@stirlingackroyd.com)

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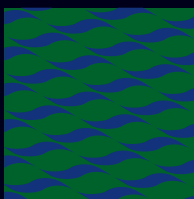
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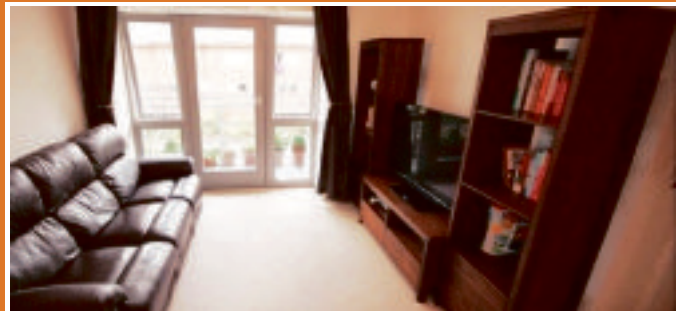
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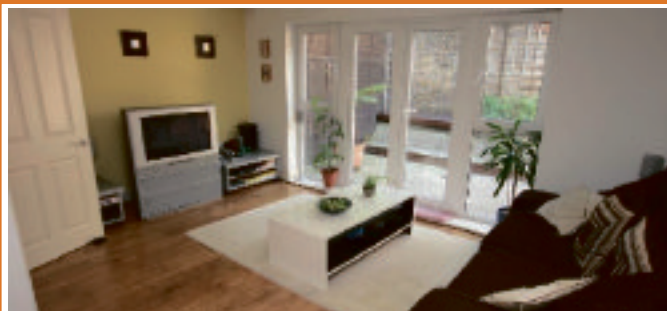
t 020 7231 8160

**Observatory Mews, E14****£360 per week**

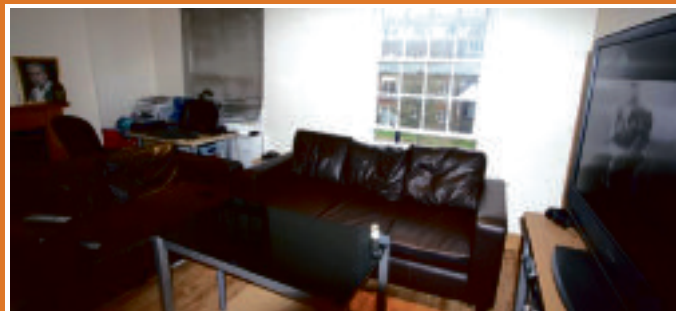
A bright two bed two bath apartment available furnished features a spacious living room with separate kitchen, modern bathrooms, off street parking with easy access to local DLR Stations.

**Silwood Street, SE16****£350 per week**

Must see this two bedroom two bathroom first floor apartment in Bermondsey. The property benefits from a modern separate kitchen, spacious living area and balcony. Located within only a few minutes' walk is Surrey Quays shopping centre and Canada water station.

**Gaverick Mews, London, E14****£580 per week**

Located in Gaverick Mews this is this stunning townhouse. The property offers 4 bedrooms, 3 bathrooms, a private terrace, fitted kitchen, 24 hour concierge, secure parking and gym access.

**Lower Road, SE8****£279,995 Leasehold**

Investment opportunity, complete with tenants. This 1st and 2nd floor maisonette offers a reception room, kitchen, bathroom, double bedrooms and is within walking distance to Surrey Quays over ground station.

**Warspite House, E14****£295,000 Leasehold**

A two bedroom top floor ex local authority flat located within the popular Westferry estate development. The property comprises: Entrance hallway, reception room, kitchen, two double bedrooms and bathroom, also benefiting from gas central heating.

**Lesney Park Road, DA8****£799,995 Freehold**

A rare opportunity to purchase this detached Manor house. Boasting many original features including sash windows, high ceilings and fireplaces. An internal viewing of this property is highly recommended to appreciate its size and accommodation.

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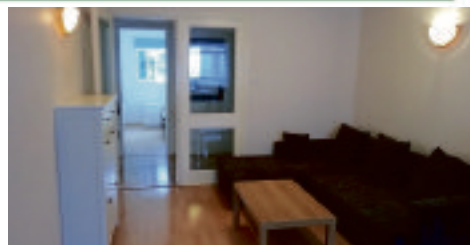
#### **Pym Court, CB1**

- A selection of one / two beds apartments
- Large balcony, GCH, lift, fitting kitchen, wood flooring throughout living area & allocated parking
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- A fully furnished of one bedroom apartment
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- Refurnished 2 bedroom 2 bathroom apartment
- Large & spacious living room with semi-open plan kitchen, wood flooring throughout, fitted wardrobes & off street parking
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**£255 p/w****Call 020 7510 1050**

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- A top floor one bedroom apartment
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**£265 p/w****Call 020 7510 1050**

#### **Barons Lodge, E14**

- A two bedroom apartment on the second floor
- Fully fitted kitchen, GCH & secure parking
- Closed to Island Garden DLR & local amenities

**£280 p/w****Call 020 7510 1050**

#### **Sapphire Court, E1**

- A one bed apartment on the raise ground floor
- Fully fitted kitchen, GCH, communal garden & secure parking
- Closed to Tower Hill, City & local amenities

**£315 p/w****Call 020 7510 1050**

#### **Kings Island, UB9**

- A 2 beds 2 bath luxury apartment on 2/f
- Private terrace with canal views, walnut strip wood flooring to living areas, integrated modern kitchen, lift with allocated parking
- Close to Uxbridge station & Town centre

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#### **Bridges Wharf, SW11**

- A selection of furnished one / work and live unit apartments
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#### **Ivory Court, Queen Mary's Gate, E18**

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- Fully fitted open-planned kitchen with modern appliances, wood flooring throughout living area, 24 hrs concierge & underground parking
- Close to South Woodford Station

**£330 p/w****Call 020 7510 1050**

#### **Saint Williams Court, N1**

- One bed apartment on 2/f
- With large terrace, wood flooring to living area, open plan kitchen with fully integrated appliances, private gym & 24 hours concierge
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#### **Triton Building, NW1**

- A modern studio in this stunning development at the heart of central London, minutes walk to Regent's park & Warren Street
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- A selection of 1 bed/ 2 beds apartments in the heart of London
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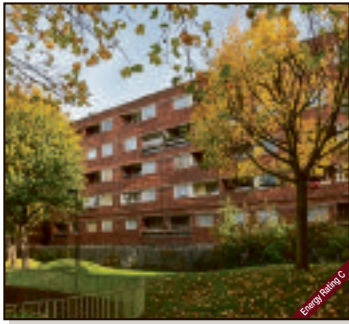
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### Limehouse, E14

W.J.Meade are pleased to offer this fourth floor ex-council flat within a six storey block. Arranged over 579 sq ft with all main rooms, plus balcony, facing the Regents canal. Well situated close to Limehouse station, Mile End park and surrounding amenities.

**£215,000 L/H**



### Bethnal Green, E2

W.J.Meade are pleased to offer for sale this four storey house forming part of a conversion of a Victorian public house "The King's Arms". Arranged with three double bedrooms, reception room, kitchen/diner, four piece bathroom suite and guest WC. The property requires some modernisation and is well situated for Bethnal Green Station and Victoria Park.

**£649,995 F/H**



### Bethnal Green, E2

W.J.Meade are pleased to offer this four bedroom flat on the third floor of a brick built council block. Arranged over 913sq ft and presented in good decorative order including modern kitchen and shower room. Also benefiting from gas central heating, security entry phone system and a west facing balcony. Well situated for Victoria Park and Bethnal Green station. Chain free.

**£399,995 L/H**



### Mile End, E3

W.J. Meade are delighted to offer for let this Georgian style house within the Tredegar Square Conservation Area. The features include west facing front garden, spacious living room, fitted kitchen, 2 bedrooms, east facing rear garden that is maintained monthly by a gardener. The house comes unfurnished and has good storage space, would be ideal for a professional couple and is available now for long let.

**£375 per week**



### Bethnal Green, E2

W.J. Meade are pleased to offer for sale this one bedroom apartment on the 5th floor of a private, modern development overlooking Meath Gardens. Arranged over 628sq ft with an impressive open plan reception to kitchen, with adjoining balcony overlooking the park. Featuring a stylish bathroom suite and contemporary decor including solid walnut flooring. The building benefits from on-site concierge services, security entry phone and multiple gated access points. Situated close to the amenities of Roman Road and a short walk to Bethnal Green underground station.

**£299,995 L/H**



### Mile End, E3

W.J.Meade are delighted to offer for sale this three storey modern town house within the Tredegar Square conservation area. The many outstanding features include three bedrooms, two bathrooms, designer fitted kitchen, reception room, guest cloakroom, south west facing conservatory and patio garden, walk-in storage cupboard, allocated off street parking behind security gate, alarm system direct to police station. Walking distance to Mile End central line station and ideal for purchasers working in the West End, City and Docklands.

**£630,000 F/H**



### Poplar, E14

W.J.Meade are pleased to offer this two double bedroom apartment set alongside the Limehouse Cut canal. Arranged over 840 sq ft with an eat-in kitchen, separate reception, south facing balcony and three piece bathroom suite. Benefiting from gas central heating, own private entrance, loft storage and water views. Chain free.

**£282,500 L/H**



### Mile End, E3

W.J. Meade are delighted to offer for let this Georgian style house within the Tredegar Square Conservation Area. The features include west facing front garden, spacious living room, fitted kitchen, 2 bedrooms, east facing rear garden that is maintained monthly by a gardener. The house comes unfurnished and has good storage space, would be ideal for a professional couple and is available now for long let.

**£380 per week**

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### Stratford, E15

Two Double Bedroom ground floor flat set in a small development in Central Stratford minutes away from Stratford Station and Westfield Shopping Mall. This property is an ideal buy-to-let investment. Cash buyers only need apply.

**£179,950 L/H**



### Stratford, E15

Bringing to the market this detached spacious period house. This property comprises of five bedrooms, three reception rooms, fitted kitchen and first floor bathroom. This could be an ideal family home benefitting from Earlham Primary School and West Ham Park being only a short walk away.

**£550,000 F/H**



### Stratford, E15

A charming and inviting three double bedroom family home which has been much loved and cared for by its current owner, which can only be fully appreciated by an internal viewing. Located in a popular quiet turning only minutes away from Plaistow and West Ham Stations along with many bus routes.

**£400,000 F/H**



### Stratford, E15

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Matchmakers Wharf, E9 **£265,000 L/H**

- One bedroom
- 10th floor, 527 sqft
- Balcony, river views
- Concierge & gym

EPC - B



Aqua Vista, E3 **£285,000 L/H**

- Investment opportunity
- One bedroom
- Canal Views
- Luxury development

EPC - C



Providence Tower, E14 **£329,000 L/H**

- One bedroom
- 10th floor, 527sqft
- Balcony, River views
- Concierge & gym

EPC - TBC



Baltimore Wharf, E14 **£330,000 L/H**

- Luxury studio
- 344sqft, 2nd floor
- Dock Facing
- Crossharbour DLR

EPC - B



Aqua Vista, E3 **£390,000 L/H**

- Two bed, two bath
- Balcony
- Concierge
- Langdons Park DLR

EPC - C



Landmark East, E14 **£430,000 L/H**

- One bedroom
- 11th floor, 559sqft
- Stunning Dock Views
- 24hr concierge & gym

EPC - B



Canary Riverside, E14 **£600,000 L/H**

- Large apartment
- One bed, separate Kitchen
- Balcony & 24hr concierge
- Canary Wharf DLR & Jubilee

EPC - B



Landmark East, E14 **£720,000 L/H**

- Two bed, two bath
- 38th floor, 839sqft
- Allocated Parking
- 24hr concierge & gym

EPC - B



Old Sun Wharf, E14 **£725,000 SoF**

- Two bed, two bath
- Direct river views
- Duplex with Separate Kitchen
- Secure Parking & Day Time Porter

EPC - C



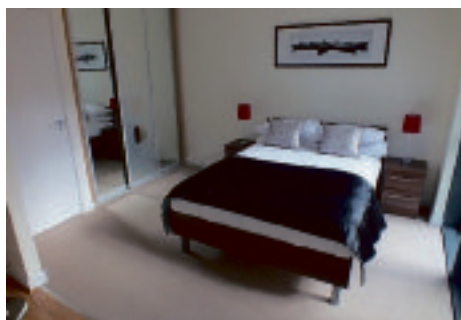


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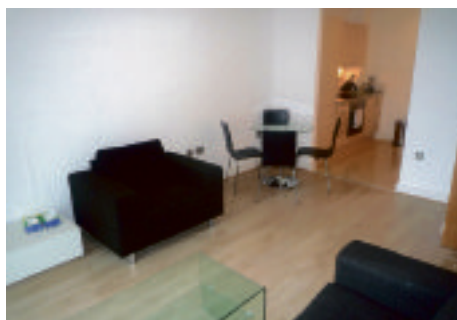


Matchmakers Wharf, E9

£260pw

- Studio Apartment
- Large Balcony
- 24hr concierge & gym
- Hackney Wick station

EPC-B

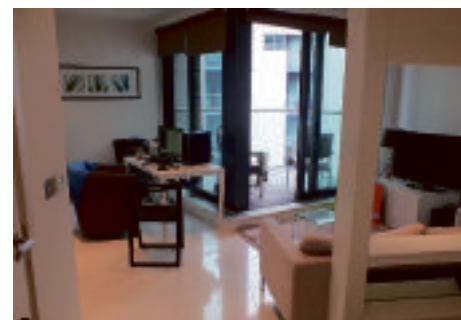


Aqua Vista, E14

£270pw

- One Bedroom
- Balcony
- Daytime Concierge
- Langdons Park DLR

EPC-C



Baltimore Wharf, E14

£310pw

- Luxury Studio suite
- Balcony
- 24hr Concierge & gym
- Crossharbour DLR

EPC-B

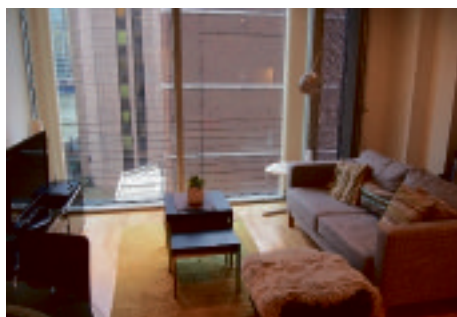


Millennium Drive, E14

£350pw

- Two bed, two bath
- Balcony
- Residents Parking
- Island Garden DLR

EPC-E



Landmark East, E14

£370pw

- One Bedroom
- Luxury apartment
- 24hr concierge & gym
- Heron Quays DLR

EPC-B



Boatyard Apartments, E14

£395pw

- Two bed, two bath
- Three balconies
- River Views
- Secure parking

EPC-B



Landmark East, E14

£400pw

- One bedroom
- Dock facing
- 24hr concierge & gym
- Heron Quays DLR

EPC-B

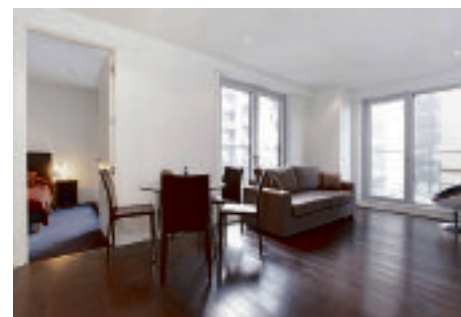


Landmark East, E14

£425pw

- One bedroom
- Dock facing
- 24hr concierge & gym
- Heron Quays DLR

EPC-B



Baltimore Wharf, E14

£595pw

- Two bed, two bath
- 3rd floor, 829sqft
- Balcony
- Crossharbour DLR

EPC-B





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### The Heron, EC2Y

- £625,000
- 17th floor Galley Suite
- Luxury development
- 24hr concierge
- Heron Private Club & Terrace
- Heart of the Square Mile



### Canary Riverside, E14

- £499,995
- One bedroom apartment
- Superb location
- 700+sq ft
- 24hr concierge
- Chain free



### New Atlas Wharf, E14

- £1,200,000
- Three bedroom sub penthouse
- Superb panoramic views
- 1000sq ft terrace
- Secure parking
- 24hr concierge



### Millharbour, E14

- £465,000
- Two bedroom apartment
- Ideally located
- 24hr concierge
- Close to DLR stations
- Chain free



### Quay View, E14

- £425,000
- Two bedroom apartment
- Superb views
- Immaculate condition
- Allocated parking
- Chain free



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## The Landmark, E14

- £425 Per Week
- One Bedroom
- North-West Views
- High-end Furnishings
- 24 Hour Concierge
- Available Now



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Rating:  
D

## Manchester Road, E14

- £365 Per Week
- Two Double Bedrooms
- House with large garden
- Completely refurbished
- Unfurnished
- Available Now



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Rating:  
C

## Merchant Court, E1W

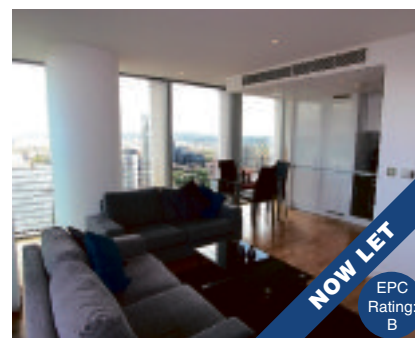
- Two Bedroom
- Character Property
- Concierge Service
- Secure Gated Parking
- Now Let



EPC  
Rating:  
B

## Vanguard Building, E14

- £425 Per Week
- Two Bedrooms
- Leisure Facilities
- 24 Hour Concierge
- Secure Parking
- Available December



NOW LET  
EPC  
Rating:  
B

## The Landmark, E14

- 29th Floor
- Two Bedrooms
- Two Bathrooms
- North-East Aspect
- Now Let

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*Felicity J. Lord*



## RIVERSIDE COURT, E14, £395pw

Truly unique one bedroom duplex property in one of the most impressive apartments of its kind in Canary Wharf. Located directly on the river in an exclusive building which enjoys stunning uninterrupted river views from main rooms and two private roof terraces. Benefits from secure underground parking.

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Ref: FJL001  
EPC - C



MILLENNIUM DRIVE, E14, £420pw  
Stunning and spacious two bedroom riverside apartment with large entrance hall leading into huge living area with direct river views and private balcony, off the lounge is a spacious kitchen. The property is bright and airy and includes secure parking and concierge.

CANARY WHARF 020 7093 1600  
Ref: FJL002 | EPC - B



ONTARIO TOWER, E14, £300pw  
Stunning studio apartment in the fabulous Ontario Tower development. Offered fully furnished with a 24 hours concierge and luxury leisure facilities, including a gym, swimming pool, spa and Jacuzzi. The property is available immediately.

CANARY WHARF 020 7093 1600  
Ref: FJL003 | EPC - C



INDECON SQUARE, E14, £300pw  
Wonderful studio suite in sought after development in South Quay. Bright and airy throughout with wood floors. Modern kitchen and bathroom suite and lots of storage. Exquisitely furnished throughout. Secure development with concierge.

CANARY WHARF 020 7093 1600  
Ref: FJL004 | EPC - B



## BURRELL'S WHARF, E14, £440pw

Outstanding two bedroom, two bathroom apartment in this sought after riverside development with secure underground parking, pool, gym, 24hr concierge and two balconies. The property comprises a spacious open plan living area with luxury fitted kitchen and access to a spacious private balcony with stunning river views.

CANARY WHARF  
020 7093 1600  
Ref: FJL005 | EPC - C



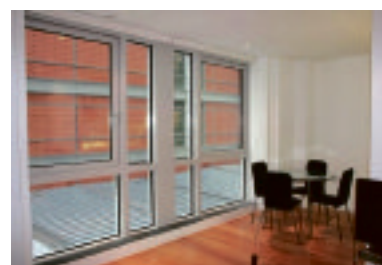
MILLENNIUM DRIVE, E14, £270pw  
Fantastic one double bedroom in popular riverside development. Newly decorated throughout with a spacious lounge, modern kitchen and bathroom suite. Offered fully furnished with concierge.

CANARY WHARF 020 7093 1600  
Ref: FJL007 | EPC - C

## THE LANDMARK BUILDING, E14, £1,200pw

Stunning three double bedroom skyline apartment, offered fully furnished to a very high specification this dual aspect apartment boasts amazing views and a high finish throughout, private balcony, hard wood floors and luxury bathroom suites. Facilities include gym, 24hr concierge and secure underground parking.

CANARY WHARF  
020 7093 1600  
Ref: FJL008 | EPC - B



ONTARIO TOWER, E14, £280pw  
Superb studio apartment on the 4th floor of the landmark Ontario Tower development. This bright apartment comprises a living area with wood floors, stylish fitted kitchen, luxury bathroom suite. Benefits include communal leisure facilities and 24hr concierge.

CANARY WHARF 020 7093 1600  
Ref: FJL009 | EPC - B



LANGBOURNE PLACE, E14, £350pw  
Extremely spacious two double bedroom, two bathroom apartment in a secure gated riverside development. Offered fully furnished with wood floors this apartment is spacious throughout with open plan kitchen and stylish lounge. Benefits from secure parking.

CANARY WHARF 020 7093 1600  
Ref: FJL010 | EPC - D



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GREAT PLACES TO EAT AND DRINK, A MOMENT'S COMMUTE TO ONE OF  
WORLD'S FINANCIAL POWERHOUSES, A FRESH BREEZE FROM THE RIVER  
AND APARTMENTS WITH STUNNING VIEWS.

Unit 3c, South Quay Plaza,  
185 Marsh Wall, Canary Wharf,  
London, E14 9SH

*Felicity J. Lord*



#### NAXOS BUILDING, E14 £349,995

This immaculate 1 bedroom apartment comes with river views from all principle rooms and direct access to a private terrace and communal gardens. This contemporary styled property is finished to a high specification throughout. Naxos building enjoys some superb on-site facilities including a residents gym, library and 24 hour concierge. Canary Wharf is also only a short walk away.

CANARY WHARF 0207 987 6776  
Ref: FJL026904271 | EPC - TBC

#### PIERHEAD LOCK, E14 £549,995

A rare chance to acquire a unique apartment spread over two floors in this award winning development. This beautifully presented apartment comes with 3 double bedrooms, two bathrooms and a spacious living room with a double height ceiling. A well appointed kitchen comes with fully integrated appliances and a south facing walled garden provides a great space for summer entertaining.

CANARY WHARF  
0207 987 6776  
Ref: FJL026904155  
| EPC - TBC



#### NEW ATLAS WHARF, E14 £449,950

Positioned on the 3rd floor of this popular river side development is this well proportioned two double apartment with direct views across The River Thames. This contemporary styled property is within walking distance to Canary Wharf.

CANARY WHARF 0207 987 6776  
Ref: FJL026904139 | EPC - TBC



#### ADRIATIC APARTMENTS, E14 £649,995

Spread over the top two floors is this spacious south facing penthouse apartment. With far reaching views over the Royal Victoria Dock, this two double bedroom apartment also comes with a south facing terrace and secure parking..

CANARY WHARF 0207 987 6776  
Ref: FJL026904252 | EPC - TBC



#### PEPPER STREET, E14 £599,995

This beautifully decorated apartment comes with a fabulous private terrace with far reaching views over the dock and towards the Canary Wharf skyline. With two large double bedroom, this spacious apartment measures approximately 1000sqft in size. Further benefitting from a secure undercover car parking space and 24 hour security.

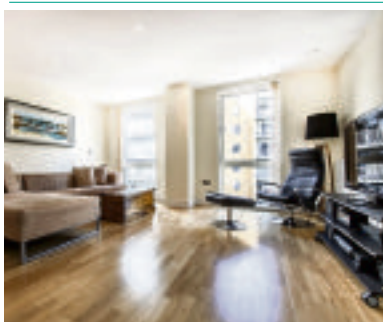
CANARY WHARF  
0207 987 6776  
Ref: FJL026904259 |  
EPC - TBC



#### BLYTH CLOSE, E14 £349,995

This unusually large two double bedroom freehold house comes with well proportioned rooms and a good sized south facing private garden. Positioned within this quiet cul-de-sac with off street parking. Be quick to view this attractive property.

CANARY WHARF 0207 987 6776  
Ref: FJL026904097 | EPB - TBC



#### INDESCON SQUARE, E14 £599,995

This rare apartment comes with a spacious living room and three large double bedrooms. With a bright westerly aspect, this well presented sixth floor apartment also includes a secure car parking space. Indecon Square is within a few minutes walk to Canary Wharf and South Quay DLR.

CANARY WHARF 0207 987 6776  
Ref: FJL026904157 | EPC - TBC

### FREE VALUATIONS 020 7987 6776

#### ADVENTURERS COURT, E14

£389,995 - SOLD

Sold by Felicity J Lord in 48 hours. This property was unsuccessfully marketed through one of our competitors for 3 months. Call us to find out about our pro-active approach to marketing.

CANARY WHARF 0207 987 6776  
Ref: FJL026904120 | EPC - TBC

#### New Atlas Wharf, E14

£745,000 - SOLD

Do you have a property to sell in New Atlas Wharf? We have buyers waiting for apartments within the development. Call now to discuss our exclusive fees.

CANARY WHARF 020 7987 6776  
Ref: FJL026904113 | EPC - TBC

## WE NEED YOUR PROPERTY!

After a successful summer selling property we are now in need of 1 and 2 bedroom apartments in E14.

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CHARACTERS ALL OF THEIR OWN. WE LOVE LONDON'S VILLAGES AND  
WE KNOW WHY BUYERS DO TOO.

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*Felicity J. Lord*



**VICTORIA GATE  
GARDENS, SE10**  
**£975,000**

Victoria Gate Gardens is an exclusive, brand new gated development in The Ashburnham Triangle, comprising two luxury detached houses featuring three large double bedrooms and secure, off street parking

GREENWICH  
020 8293 8555  
Ref: FJL027103773  
EPC B



**MAIDENSTONE HILL, SE10 GP £1.1M**

An immaculately presented, spacious four storey period terrace, located in the heart of West Greenwich, offering a wealth of period features and generously proportioned accommodation.

GREENWICH 020 8293 8555  
Ref: FJL027104026 | EPC C



**CATHERINE GROVE, SE10**

**£425K**

A beautifully presented two bedroom split level apartment, featuring the most amazing private 60ft rear garden, off street parking in an enviable location in West Greenwich.

GREENWICH 020 8293 8555  
Ref: FJL027104015 | EPC C



**CARAWAY APARTMENTS, SE1**

**GUIDE PRICE: £625,000 - £645,000**

A delightful one bedroom apartment is found within this exclusive Shad Thames development and includes courtyard views, balcony, leisure facilities and secure underground parking.

SHAD THAMES 020 7089 6490  
Ref: FJL027604527 | EPC C



**SKYLINE COURT,  
SE1**

**£599,950**

A two bedroom two bathroom penthouse apartment found within this sought after SE1 development. Offering spacious living accommodation throughout the property also includes private terrace and secure parking.

SHAD THAMES  
020 7089 6490  
Ref: FJL027604535 | EPC C



**CORIANDER COURT, SE1**

**GUIDE PRICE: £925,000 - £945,000**

A chance to acquire this superb two bedroom warehouse conversion situated in the heart of Shad Thames. Features include double-aspect reception room, multi-paned windows and open-plan kitchen.

SHAD THAMES 020 7089 6490  
Ref: FJL027604537 | EPC C

**STANTON HOUSE,  
SE16**  
**£500,000 - £525,000**

A three bedroom, two bathroom penthouse apartment in this modern development set along Rotherhithe Street. The apartment benefits from extensive outside space with balcony offering direct river views and private roof terrace accessed via internal spiral staircase offering amazing views across London and ideal for entertaining.

SURREY QUAYS  
020 7237 2320  
Ref: FJL113200952  
EPC C



**RUSSIA DOCK ROAD, SE16**

**£425,000 - £450,000**

A two bedroom end of terrace house set in this quiet tree lined cul de sac off of Salter Road offering excellent transport links and catchment area for schools. Set over two levels with modern fitted kitchen and private rear garden.

SURREY QUAYS 020 7237 2320  
Ref: FJL113200960 | EPC C



**ELEANOR CLOSE, SE16**

**£900,000 - £975,000**

A beautifully presented four bedroom mid terrace house set over three storeys making the perfect family home. The garage has been converted to give a perfect kitchen/reception/ dining area leading out onto a private decked area overlooking Surrey Canal.

SURREY QUAYS 020 7237 2320  
Ref: FJL113200933 | EPC C





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www.metro-village.com

# CALLING ALL APPLICANTS

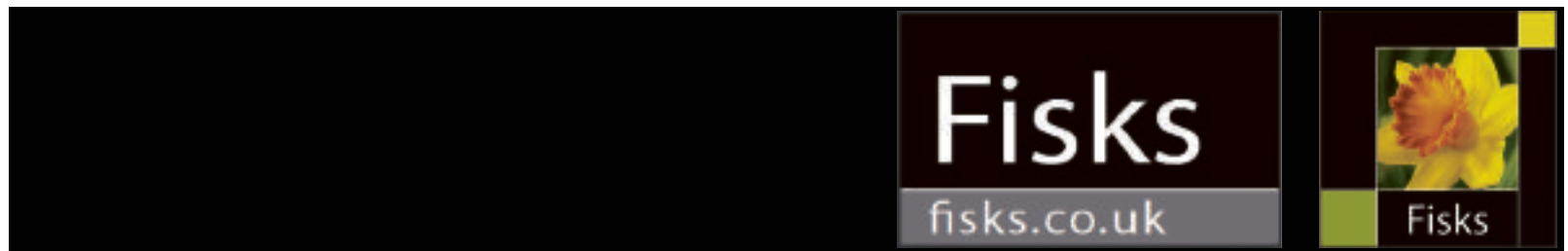
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## DOCKLANDS

New Providence Wharf, E14 £920,000



Three Bedrooms. Three Bathrooms. Sixth Floor. South Facing Balcony. Energy Rating "C". No Onward Chain.

Docklands 0207 517 8810

New Atlas Wharf, E14 £534,950



1,400 sq ft 130 sqm. River views. Leisure Facilities. Allocated Parking Bay. Energy Efficiency Rating of 'C'. Chain Free

Docklands 0207 517 8810

Millharbour, E14 £460,000



670sq ft/62.2sqm. Two Bedroom\Two Bathrooms. Direct Dock Views. Chain Free. Energy Band B.

Docklands 0207 517 8810

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## Work in Canary Wharf?

Why not commute from  
Canvey or Benfleet in Essex  
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hour\*!

\*Route time based on 7:39 C2C train from Benfleet Station

Spencer Road, SS7 £299,995



Sought after Robert Drake School Catchment Area. Extended Four/Five Bedroom Detached Property. West Back Garden Approximately 50ft in Depth. Separate Dining Room. Modern Family Bathroom. Popular Location. Energy Band D.

Benfleet 01268 565555

Clarence Close, SS7 £460,000



Three Bedroom With En-suite & Dressing Room to Master. Detached Chalet. Impressive Kitchen Breakfast Room. Three Reception Rooms. Double Garage. King John School Catchment. Set in Approximately 1/3 An Acre. Energy Band D.

Benfleet 01268 565555

## CANVEY ISLAND

Bramble Road, SS8 £210,000



Detached Bungalow. Two Double Bedrooms. Bright & Spacious. Garage Off Street Parking. Great Garden. Energy Rating - D.

Canvey Island 01268 510510

Thames Road, SS8 £280,000



Four/Five Bedrooms. Detached Chalet House. En-suite & Walk-in Wardrobe To Master Bedroom. Modern Décor. Garage & Off Street Parking. Large Rear Garden. Energy Rating - D.

Canvey Island 01268 510510

Dinant Avenue, SS8 £214,995



Detached Bungalow. Three Bedrooms. Modern Kitchen. Good Sized Lounge. Garage. Off Street Parking. Energy Rating - Awaiting

Canvey Island 01268 510510

Benfleet Office:  
01268 565555  
benfleet@fisks.co.uk

Canvey Office:  
01268 510510  
canvey@fisks.co.uk

Docklands Office:  
0207 517 8810  
docklands@fisks.co.uk



# DAWN SANDOVAL

*Residential*



EPC D

## Durham Villa, Flamborough Walk, E14

£450 pw

- Two Bedroom
- Cul-de-sac Location
- Furnished
- Charming Period Property
- Fitted Kitchen
- Available Mid November
- First floor
- On street parking available with permit

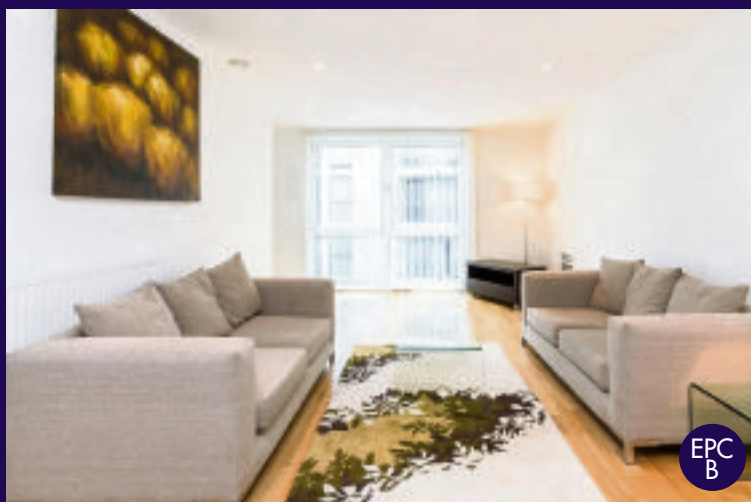


EPC B

## Ocean Wharf, Westferry Road, E14

£325,000 LH

- One Bedroom
- Balcony
- Close to Canary Wharf Station
- First Floor
- Secured Parking
- Fitted Kitchen
- Daytime Concierge



EPC B

## Indecon Square, London, E14

£460,000 LH

- Modern apartment
- Balcony
- Underground parking
- Two bedrooms
- Sixth floor
- Porter
- Two bathrooms
- Contemporary style throughout



EPC C

## Wynan Road, London, E14

£625,000 FH

- Four double Bedrooms
- Set over Three Floors
- Drive with space for Parking
- Town House
- Two Bathrooms
- Conveniently Located
- Rear Garden
- Beautifully presented throughout



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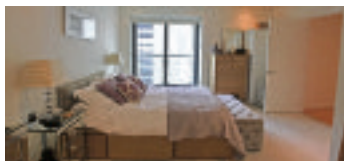
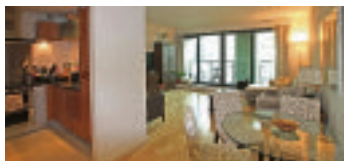


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# River Habitat

Property Brokers

## DOCKLANDS & CANARY WHARF



£784,999

### DISCOVERY DOCK APTS EAST, SOUTH QUAY, LONDON, E14

- \* Two double bedroom Apartment
- \* Situated on the 11th floor
- \* Full width balcony off the Reception with Dock views
- \* Concierge, Swimming Pool and Gym
- \* Car Parking
- \* Prestigious Dockside Development



### PORT EAST APARTMENTS, 12 HERTSMERE ROAD, LONDON, E14 £395 PW

- Luxury one bedroom apartment
- Panoramic views of Canary Wharf
- Full time concierge service
- Available 18th November 2013



### GIRAUD STREET, CORDELIA STREET, LONDON, E14 £395 PW

- Three bedroom furnished house
- Good sized garden
- Two car parking spaces
- Available now



### ISLAND ROW, COMMERCIAL WHARF, LONDON, E14 £329,999

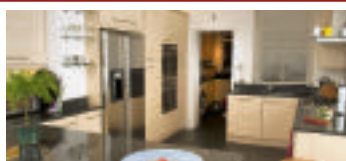
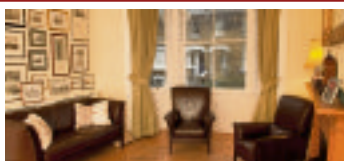
- Spacious one bedroom apartment
- Marina views via Bedroom
- Situated on the fourth floor
- Secure car parking space



### POPLAR HIGH STREET, POPLAR E14 £399 PW

- 3 Bedroom Maisonette
- Ex-Local authority
- Walking distance to Canary Wharf
- Amenities on your doorstep

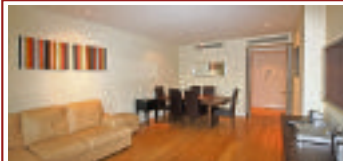
## BLACKHEATH & GREENWICH



£1,450,000

### LANGDALE ROAD, GREENWICH, LONDON, SE10

- \* A beautiful six bedroom period house
- \* Circa 2,800 Sq. Ft.
- \* Lovely rear garden for entertaining
- \* Short walk away from Greenwich Park



### EATON HOUSE, CANARY RIVERSIDE, LONDON, E14 £799,999

- Two double bedroom
- Living space of 1,302 sq. ft
- Situated on the fifth floor
- One car parking space



### MAURER COURT, JOHN HARRISON WAY, SE10 £375 PW

- Three bed unfurnished river view flat
- Circa 1,200 sq ft with car parking space
- Open House - Saturday 16th Nov'13 12pm - 2pm & Wednesday 20th Nov'13 4.30pm - 7pm



### COTTERELL COURT, HOP STREET, SE10 £499,999

- Three bed house, circa 1,100 sq ft
- Rear private patio & garden with parking
- Open House - Saturday 16th Nov'13 12pm - 2pm & Wednesday 20th Nov'13 4.30pm - 7pm



### GLENLUCE ROAD, BLACKHEATH, LONDON, SE3 £808 PW

- Circa 2,500Sq. Ft. Detached Five Bedroom House
- Large Garden for Entertaining and a Garage
- Off-Street Parking
- Available 17th December 2013


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### New Providence Wharf

This stunning 7th floor three bedroom premier apartment boasts an open plan fully integrated kitchen, large open plan lounge with access to a semi circular balcony, amazing direct rivers and right opposite the o2, three double rooms with built-in wardrobes, en suites to two of the rooms with one having its own bath entertainment system, built-in speakers in all rooms and underfloor heating. The occupant of this fine property will benefit from valet parking, 24hr porter, secure development, use of residents gym and spa facilities.

**£875**  
per week



### Discovery Dock

Wilson and Co offer this stunning one bedroom second floor luxury apartment within the Discovery Dock development. The apartment boasts real wood flooring, floor to ceiling windows, fully integrated kitchen, double bedroom with built-in wardrobes, modern tiled luxury bathroom and balcony overlooking communal garden. Residents of Discovery Dock benefit from 24hr concierge, CCTV, close to local amenities, restaurants, bars and 5 minute walk to Canary Wharf. Available 23rd December 2013.

**£410**  
per week



### Pan Peninsula

This luxurious one bedroom 25th floor apartment offers spacious accommodation boasting high-specification fixtures and fittings to create a haven of luxury in bustling surroundings. The property comprises reception room/dining room with private balcony offering views of the O2 Arena, sleek open-plan kitchen with Siemens Appliances, double bedroom with fitted wardrobes, modern luxury bedroom. The Pan Peninsula development includes a number of on-site facilities including a health and fitness spa, water-side restaurant, 50th floor cocktail lounge, 24-hour concierge and even an opulent private cinema. Pan Peninsula is situated in an extremely central location.

**£465**  
per week



### Landmark

3 double bedrooms, 1,650 square foot on the 37th floor South West facing apartment in sought after Landmark East Tower. The Landmark truly lives up to its name, offering one of the highest quality residential accommodation in Canary Wharf. This spacious three bedroom, two bathroom apartment offers dual aspect views towards Canary Wharf and The River Thames. The internal finishes are second to none including floor to ceiling panoramic windows, comfort cooling, marble bathrooms and fixtures/fittings by quality respected brands including Villeroy & Bosch, Grohe and Siemens. The development itself features 24 concierge, and residents' private gym.

**£1250**  
per week



### The Spur

A unique opportunity to acquire a one bedroom apartment in the heart of Clerkenwell, which has been designed to a high standard. The apartment comprises open plan kitchen/living/dining room with a modern kitchen and tiled floor, double bedroom and a bathroom. The apartment further benefits from plentiful built-in storage. The apartment is located between Charterhouse Square and Farringdon Road, providing easy access to the City and to the many popular, bars, restaurants and boutique shops in the area. Farringdon, Chancery Lane, Barbican and St Pauls tube stations are all within easy reach. Available 9th January 2014.

**£399**  
per week



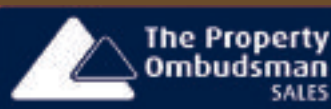
### Pan Peninsula

Wilson and Co proudly present this stunning duplex apartment set over the thirty-eighth and thirty-ninth floors, this luxury two bedroomed apartment offers an outstanding living space, high-specification interior, two private balconies and spectacular Canary Wharf views. Pan Peninsula offers a range of exclusive on-site leisure facilities including pool, health and fitness spa, waterside restaurant, fiftieth floor cocktail bar and residents' cinema. The property is also moments from the Canary Wharf complex and the river.

**£1500**  
per week



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AWARDS**

in association with **Gawor & Co**  
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**Canary Central Gainsborough House E14**

1 bedroom, 1 bathroom apartment | Available Now | Fully Furnished | 24 hour Concierge | Onsite Gymnasium and Leisure facilities | Near South Quay DLR

£ 330 p/w

**Move into any rental apartment from either the Excel or Docklands Offices between November 15th and December 31st and pay no admin fees!**



**Lanterns Court Cobalt Point E14**

An immaculate 10th floor two double bedroom apartment with views of London set within the popular Lanterns Court development in the heart of South Quay. The property includes contemporary fixtures and fittings and wooden flooring throughout and is offered in superb condition. Lanterns Court benefits from 24 hour concierge and residents only gymnasium.

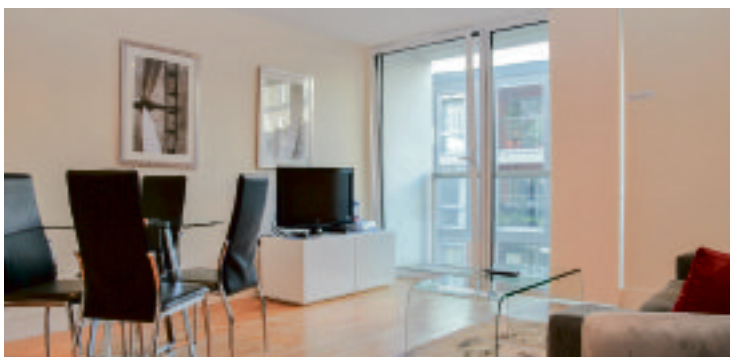
**Asking Price £ 465,000**



**Lanterns Court Trinity Tower E14**

This property has a spacious open plan kitchen and living area. The stylish kitchen is fully integrated with all the modern conveniences. Both large double bedrooms also have ample storage space. Master bedroom with en-suite bathroom. This property is bright from the natural light coming through the full height windows. 1345 sq/ft (124.95 sq/m) internal floor space.

**Asking Price £ 875,000.**



**Lanterns Court Denison House E14**

1 bedroom, 1 bathroom apartment | Available December 2013 | Near South Quay DLR | Fully furnished | Balcony | Residents Gymnasium

£365 p/w



**Lanterns Court Cobalt Point E14**

2 bedroom, 2 bathroom apartment | Available now | Near South Quay DLR | Fully furnished | Allocated underground parking | Massive 1645 Sq ft apartment

£695 p/w

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# The market is HOT!



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### NEWBY PLACE £220,000



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- Two Bedrooms
- Maisonette
- Ground And First Floor
- EPC Rating C

### EAST INDIA DOCK ROAD £250,000



Flat 48, 187 East India Dock Road, London, E14 0EF. Public Notice: We are acting in the sale of the above property and have received an offer of £250,000.00. Any interested party must submit any higher offer in writing to the selling agent before an exchange of contracts takes place. EPC Rating B. YOUR MOVE James Muir, 189 East India Dock Road, LONDON, E14 0EA. Tel: 0207 987 8900.

### WEYMOUTH TERRACE £375,000



docklands@your-move.co.uk 020 7987 8900

- Three Bedrooms
- Ground Floor
- Maisonette
- Fitted Kitchen • EPC Rating D

### EAST INDIA DOCK ROAD £255,000



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- Two Bedroom Apartment
- 7th Floor • EPC Rating - C
- Open Plan Living Area
- Communal Roof Garden



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For mortgage advice our initial consultation is free, however we do charge a fee for administering your mortgage application. The precise amount will depend upon your circumstances however we estimate that it will be £399. YOUR HOME MAY BE REPOSSESSED IF YOU DO NOT KEEP UP REPAYMENTS ON YOUR MORTGAGE.

### ST. LEONARDS ROAD E14 £250 p.w



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- 1 Bedroom House
- Allocated Parking
- Modern Kitchen • Close to DLR
- Solid Wood Flooring
- EPC Rating - E

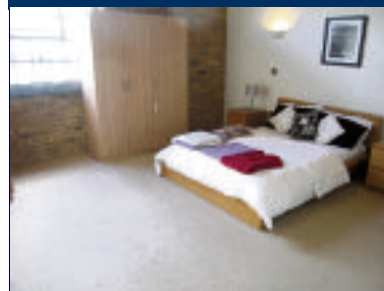
### HUDSON HOUSE E3 £300 p.w



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- One Bedroom Apartment
- Security entrance
- Modern Kitchen
- Spacious Accommodation
- Close to DLR • EPC Rating - B

### WAREHOUSE W, E16 £1,350pcm



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- One Bedroom • Royal Dock Views
- Modern Kitchen
- En-suite Bathroom
- Close to DLR
- EPC Rating - E

### HUDSON HOUSE E3 £360 p.w.



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- Two Bedroom Apartment
- Security entrance
- Modern Kitchen
- Spacious Accommodation
- Close to DLR • EPC Rating - B

sales lettings mortgages

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## ESTATE & LETTING AGENTS



**City Towers E14**

**£325 per week**

- One Bedroom Apartment
- One Bathroom
- Ideal Location
- Fully Furnished
- 24 Hour Concierge
- Private Balcony



**Vermilion E16**

**£360 per week**

- Two Bedroom Apartment
- Two Bathrooms
- Private Balcony
- Fourth Floor
- Fully Furnished
- Close To Transport



**Landmark East**

**£425 per week**

- One Bedroom Apartment
- One Bathroom
- Close To Canary Wharf
- Modern Interior
- 24 Hour Concierge
- Leisure Facilities



**Naxos E14**

**£330 per week**

- One Bedroom Apartment
- One Bathroom
- Leisure Facilities
- Private Balcony
- 24 Hour Concierge
- Stunning River Views



**Boardwalk E14**

**£445 per week**

- Two Bedroom Apartment
- Two Bathrooms
- Private Balcony
- Great Location
- 24 Hour Concierge
- Amazing Views



**Pan Peninsula E14**

**£1500 per week**

- Two Bedroom Apartment
- Two Bathrooms
- Private Balcony
- 24 Hour Concierge
- Leisure Facilities
- Modern Interior



**Phoenix Court E1**

**£164,950**

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £165,000.00 for 7 Phoenix Court, Buckhurst Street, London, E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King Estate Agents on 020 7190 3300 before exchange of contracts.



**Phoenix Court E1**

**£200,000**

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £198,000.00 for 1 Phoenix Court, Buckhurst Street, London, E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King Estate Agents on 020 7190 3300 before exchange of contracts.



**Phoenix Court E1**

**£210,000**

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £205,000.00 for 5 Phoenix Court, Buckhurst Street, London, E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King Estate Agents on 020 7190 3300 before exchange of contracts.



**Phoenix Court E1**

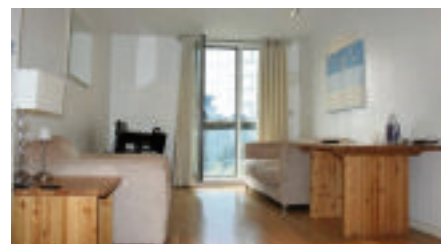
**£260,000**

PUBLIC NOTICE Ashley King are now in receipt of an offer for the sum of £305,000.00 for 4 Phoenix Court, Buckhurst Street, London, E1 5QY. Anyone wishing to place an offer on this property should contact Ashley King Estate Agents on 020 7190 3300 before exchange of contracts.



**New Atlas Wharf E14 - £699,999**

- Penthouse Apartment
- 600 Sq Ft Terrace
- Two Double Bedrooms
- Two Bathrooms
- Two Allocated Parking Spaces
- Stunning River Thames Views



**City Towers E14**

**£384,888**

- Two Double Bedrooms
- Two Bathrooms
- Spacious Apartment
- West Facing
- Private Balcony
- Allocated Parking Space

www.AshleyKingUk.com Docklands@AshleyKingUk.com  
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**11 Westferry Circus, London E14 4HD**

11 Westferry Circus, Canary Wharf, London E14 4HD

[dockland.sales@eu.jll.com](mailto:dockland.sales@eu.jll.com)



# Chase Evans



**No 1 West India Quay, E14 £650,000 L/H**

Two double bedroom, two bathroom, 19th floor apartment of approx. 950 sq ft.. Light reception room with panoramic views through floor to ceiling windows, open-plan kitchen, utility room and stylish bathrooms. Quayside location opposite the Canary Wharf estate.

Canary Wharf 020 7515 1000



**Maple Quays, SE16 £460,000 L/H**

One bedroom, luxury apartment set in this landmark development with 24 hour concierge and gymnasium located next to Canada Water station. The property is finished to the highest standards and offers views towards Central London, the river Thames and Canary Wharf.

Docklands 020 7510 8444



**Pan Peninsula, E14 £425,000 L/H**

Luxurious, 33rd floor studio suite measuring 490 square feet with a west facing balcony offering panoramic views towards the City of London. Other features include a stylish divide to separate the sleeping area, contemporary hideaway kitchen, tiled floors and a marble bathroom.

Pan Peninsula 020 7536 7900



**St Davids Square, E14 £369,995 L/H**

Well presented, two bedroom, river view apartment with balcony situated on the 3rd floor of this popular, riverside development located just moments from Island Gardens DLR and with the benefit of an allocated parking bay, swimming pool, gymnasium and 24 hour concierge service.

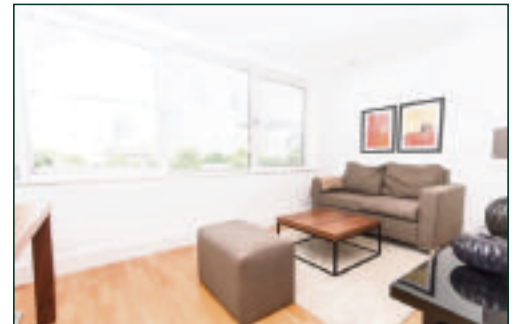
Docklands 020 7510 8444



**Caspian Wharf, E3 £360,000 L/H**

Modern and well-presented, 3rd floor, two bedroom, two bathroom apartment with balcony in this popular development with 24 hour concierge close to excellent transport links including Devons Road DLR and Bromley by Bow tube station.

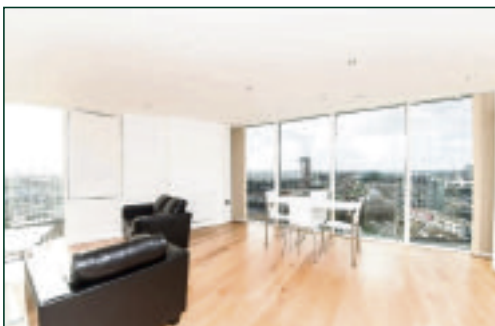
Canary Wharf 020 7515 1000



**Indecon Square, E14 £300,000 L/H**

Studio suite set on the fourth floor of this striking building situated within a landscaped development benefiting from a 24 hour concierge service. This property benefits from a separate sleeping area, fully integrated and appliances kitchen and wood flooring.

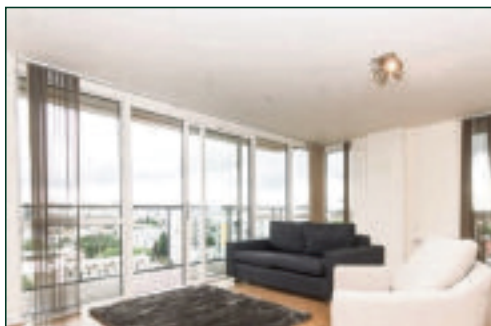
Pan Peninsula 020 7536 7900



**The Halo, E15 £400 pw**

Brand new two bedroom, two bathroom apartment on the eighteenth floor of this new development located close to Stratford station. Spacious living area, fully integrated kitchen, luxury bathrooms, wood flooring, designer furnishing and concierge service.

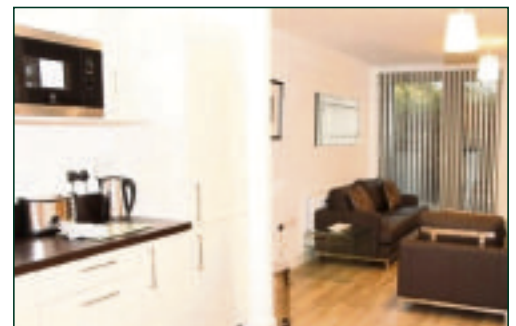
Pan Peninsula 020 7536 7900



**Panoramic Tower, E14 £400 pw**

Two double bedroom, two bathroom apartment with balcony and striking City views set on the 10th floor of this luxury development ideally located close to Langdon Park and All Saints DLR stations. Daytime concierge service, rooftop terrace and residents' gymnasium.

Docklands 020 7510 8444



**Waterside Park, E16 £345 pw**

A brand new, designer furnished, two double bedroom, two bathroom, duplex apartment with two terraces and a balcony. Secure development located very close to Pontoon Dock DLR station and with the benefit of 24 hour security and on-site gymnasium.

Canary Wharf 020 7515 1000

#### Canary Wharf office

Horizon Building, 15 Hertsmere Road, London E14 4AW

Tel: 020 7515 1000 | canarywharf@chaseevans.co.uk

#### City of London Office

45 Aldgate High Street, London EC3N 1AL

Tel: 020 7488 2777 | city@chaseevans.co.uk

#### Docklands office

St Davids Square, 320 Westferry Road, London E14 3QL

Tel: 020 7510 8444 | docklands@chaseevans.co.uk

#### Pan Peninsula office

Pan Peninsula, 1 Millharbour, London E14 9XP

Tel: 020 7536 7900 | panpeninsula@chaseevans.co.uk



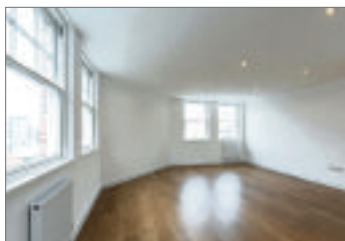
# Docklands

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## SALES

020 7791 7000

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### Forester House, Victory Place, E14

Two bed duplex, Large balcony, 998sqft / 93m<sup>2</sup>, Two baths, Concierge, South facing, Secure parking, Limehouse DLR.  
**£550,000**

### Fathom Court, Shadwell, E1

Two bed pub conversion, Terrace, 697sqft / 65m<sup>2</sup>, Double aspect reception, Fitted kitchen, Bike store, Shadwell DLR & Tube.  
**£375,000**

### Medland House, Limehouse Basin, E14

Three bedroom/ two bathroom penthouse, Secure block, Huge wrap around terrace, Westerly views, Parking, 24hr porter, Limehouse DLR.  
**£1,100,000**

### The Panoramic, Langdon Park, E14

Three bedrooms, Residents gym & lounge, Porter, 989sqft / 92m<sup>2</sup>, Fourteenth floor, South facing balcony, Langdon Park DLR.  
**£480,000**

### Mission Building, Limehouse, E14

One bedroom duplex, 534 sqft / 49 m<sup>2</sup>, Communal gym/roof terrace, Day porter, Period features, Double height reception  
**£279,995**

### East India Dock Road, Westferry, E14

One bedroom, Gated development, West facing balcony, Third floor, 409sqft / 38m<sup>2</sup>, Fitted kitchen, Rental investment, Westferry DLR.  
**£249,995**

## LETTINGS

020 7791 7011

docklands.lettings@h-s-c.co.uk



### Ionian building, Narrow St, E14

Furnished one bedroom apartment with secure parking and 24/7 concierge  
**£350.00 per week**

### Cityscape, Heneage St, E1

Premium collection of 1,2 and 3 bedroom apartments in this brand new development Just off of brick Lane.  
**£450.00 per week**

### Port East, Nr Canary Wharf, E14

Selection of 2 & 3 bedroom apartments located in luxury converted warehouse building. Concierge and parking available.  
**£670.00 per week**

### Basin Approach, Limehouse Marina, E14

2 bed, 2 bath furnished apartment. Secure parking, concierge, close DLR links  
**£450.00 per week**

### Victory Pl, Limehouse Marina, E14

2 bedroom furnished duplex apartment. Parking, residents Gym & Concierge.  
**£410.00 per week**

### Ionian Building, Narrow St, E14

2 bedroom, 2 bathroom furnished apartment. Excellent residents lounge, 24/7 concierge, parking.  
**£385.00 per week**